

EVERYONE ACTIVE



# SPORTMANAWATŪ

ANNUAL REPORT 2019/2020

[SPORTMANAWATU.ORG.NZ](http://SPORTMANAWATU.ORG.NZ)

# HE MIHI

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Tu mai rā Tararua pae maunga me tō taumata ko Te Ahu a Turanga,  
Tukua ko te awa e rere mai nei Ko Manawatū.

Ko te aronga ake ki Tānenuiarangi tangata, ki Rangitāne Iwi e pupuri tonu  
ana i te mauri o te whenua.

Tenei te mihi ake ki ngā tihi maunga, te oneone tapu, nga mānia, nga pārae  
tae noa ake ki nga takutai moana a to tatou rohe nui tonu  
Tēnā koutou katoa.

E ngā mate huhua o te rā, o te wiki, o te marama, o te tau...moe mai ra i to  
tatou Ariki nui.  
E kore nei e warewaretia.

E aku rangatira "Tini whetu ki te rangi, Ko Rangitāne ki te whenua"

Tihei Mauri Ora

Sport Manawatū recognises our local iwi Rangitāne and their customary  
relationship to this area.

We also acknowledge our mountains, sacred landmarks, the traversing land,  
the plains (from mountain to the sea) within the expanse of our rohe/area of  
Palmerston North, Manawatū, Tararua, and Horowhenua.

Tēnā koutou katoa.

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**Cover Photo:**

Tough Kids Manawatū at Mount Biggs School.  
November 2019.

# FROM THE BOARD CHAIR AND CHIEF EXECUTIVE OFFICER

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On behalf of the Board and staff of Sport Manawatū we are pleased to present our 2019/2020 annual report.



Nolan King (Chairperson) and Trevor Shailer (CEO)

## *E hara taku toa i te toa takitahi, engari he toa takitini.*

*Success is not the work of one, but the work of many.*

The last 12 months has provided some unforeseen challenges which has highlighted the level of persistence and perseverance of the team, due to the global pandemic of Covid-19.

The financial year started with a stable workforce, lots of ideas and ambitious plans. As the year transpired and we were faced with the uncertainty of Covid-19, the Sport Manawatū team worked together to make the best of the situation. The pandemic showed that we as a team are strong and resilient. While working from home was different, it highlighted how well our team communicates and works together. While also maintaining our relationships with stakeholders and partners.

We worked closely with our play, active recreation, and sport partners to maintain their capability and capacity to better support them and the opportunities for participants to enjoy quality experiences.

Our GRx programme continues to achieve positive health outcomes for participants through collaboration with local health agencies, recreation providers, and sports clubs.

Volunteers are critical to sustained success for our community and sector. Our work in volunteer development and recognition is vital to the ongoing progression of sport and active recreation in our regions.

The Board continues to provide advice and guidance on our strategic direction and reminds the leadership team that “we can do anything,” but “we can’t do everything.” This continues to be an important message for the team as we work to meet the expectations of our community who have changing sport and active recreation preferences.

This year we launched the Women and Girls in Sport and Active Recreation programme, including the Women in Coaching Programme.

We provided clubs and organisations with assistance for funding applications to the Community Resilience Fund, Safe Return to Play during the alert level framework, and health and safety plans for returning to play.

A number of strategic projects have continued over the last twelve months and these will provide a strong foundation for our work going

forward. For example, the Manawatū-Whanganui Regional Sport Facility Plan takes a strategic, region-wide view to identify priorities for future spaces, places, and facility needs. Sport Manawatū is working closely with Sport Whanganui and Sport NZ on the region-wide view and engaging various stakeholders across the sector.

## BOARD

I would like to thank the Sport Manawatū Board for their continued support and commitment over the last year. Thank you to the Finance and Risk Committee, Craig, Nathan, and Barbara, for their continued diligence and support which has resulted in another strong financial position for the organisation.

All Board members give their time freely as volunteers and it is a pleasure to have their experience and input.

Sport Manawatū Board members:

- Nolan King
- Shayne Harris
- Barbara Cameron
- Tristine Emery
- Fenella Devlin
- Nathan Hopcroft

## FINANCIAL RESULT

This financial year, even with the impact of covid-19, Sport Manawatu was able to achieve an operational surplus. Achieving an operational surplus for the year is an important element in

maintaining a strong balance sheet and sufficient reserves in anticipation of our future aspirations for a new Sports House. Through this year's surplus the trust has increased net assets to \$1,289,377.

## LOOKING AHEAD

Our strategic priorities include financial sustainability and the development of a fit-for-purpose Sports House facility. We will continue to work with our key partners as we finalise the Sports House plans and timelines. Significant work and energy will also be required by the team as we turn our attention to fundraising for Sports House.

Another strategic priority for Sport Manawatū is to implement a framework for developing a regional sport and active recreation strategy. This strategy will ensure the region is future focused around the sport and active recreation needs of our region.

## SPORT MANAWATŪ TEAM

Our biggest thanks must again go to the team at Sport Manawatū for their efforts over the last year. The team continues to demonstrate their motivation and professionalism in getting **'Everyone Active'**.

Nolan King  
Chair, Sport Manawatū

Trevor Shailer  
CEO, Sport Manawatū



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## MORE ACTIVE KIDS

Sport Manawatū provides recreation activities and sports programmes accessible to everyone.

### GREEN PRESCRIPTION

The Green Prescription programme (GRx) engages Manawatū residents in sustainable physical exercise, giving them the skills and education to make healthy nutritional and lifestyle choices. Community classes run for four 10-week cycles throughout the year.

The GRx programme also provides sustained support for participants once they graduate from the programme. Education on opportunities available in the community is key to supporting this outcome, and is achieved through collaboration with local health agencies, sports clubs, and recreation providers.

Promotion of local sports clubs and events, local parks and reserves, including walking, tramping, and cycle tracks throughout the district, is a continued focus.

Sport Manawatū continues to collaborate and partner with key stakeholders, including the Defence Force, Massey University, health promoters, medical centres, before school nurses, nutrition agencies, and local sport

providers, who are able to introduce programme participants to sustainable activities and healthy habits.

- 700 participants took part in the Green Prescription programme over the last 12 months.
- 158 participants are engaged in Phone Support to assist them on their journey.
- Plunket Green Prescription participants are also benefitting from the popular mums and bubs classes.

Participants demonstrated an improvement in their health and physical activity levels, and, most importantly, identified appropriate/sustainable exercise options to continue with at the conclusion of the programme.

## ACTIVE TEENS & FAMILIES

The Green Prescription (GRx) Active Families programme is a community-based health initiative designed to increase physical activity in children and young people 4 – 17 years of age and their whānau/family members.

The programme provides support, guidance, and opportunities for participants to create healthier lifestyle changes through regular physical activity and healthy eating. This is achieved through education, nutritional guidance, goal setting, and ongoing support.

Sport Manawatū continues to collaborate and partner with key stakeholders linking programme participants into sustainable activities and promoting the use of local parks, reserves, and active recreation facilities.

Each programme provides support for children and young people, and their families for a period of up to 12 months.

With the recent global pandemic, Active Families face-to-face weekly sessions were not able to take place, so a modified online programme was rolled out to continue to support our families through the challenging time. Using social media, email, and phone calls, the programme was shaped to help support families to find ways and opportunities to be active in lock down at home. The programme was comprised of fun daily challenges for families to complete, weekly email topics and focuses for families to try and implement into their week, weekly zoom calls/recordings for those families who had access, and weekly phone calls or texts to check in with each family to see how they were going and if we could be of any other assistance.

- 86 referrals of children/youth and their whānau were sent to the Active Families Programme over the past 12 months

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### Active Families Success Story: The Leleni Family

The Leleni family joined the Active Families programme with a desire to become more active as a family and push each other to become fit, and lose and maintain a healthy weight.

The two children have always participated in organised sports, but the family did very little activity together. Throughout their involvement on the programme, the Leleni family has learnt the importance of being active as a family and the special memories created by it – which in turn has created more motivation to be active together.

Throughout the programme they were supported with nutritional advice and ideas for activities they could do together. The family now go for evening walks together, swim together, play more outdoor games and recently all completed a 'Building Champions' Obstacle Challenge together – of which they are keen to enter similar events in the future.

The family also eat healthier than before and are seeing the positive health benefits of changes to both their activity levels and nutrition, with the family at a healthier weight range.

The biggest growth has been seen in youngest daughter Ella. At the beginning of the programme, Ella was very shy and happy to hang in the background. After the encouragement to step out of her comfort zone she received at every Active Families session, Ella's confidence has continued to grow to the point she will now give anything a go!

Just recently Ella did not want to ride a bicycle at our cycling session for fear of losing her balance and falling, but with her newfound confidence, encouragement from Mum and the Active Team support staff, Ella was riding a bike by the end of the session and now the family can all go riding together.



When answering what activity/exercise they enjoyed doing the most together as a family at the end of the programme, Ella answered with bike riding – an amazing transformation. Ella was also awarded one of our Growth Awards at our Active Families celebration to recognise the effort she has put into the programme over the last year despite her fears.

We are so proud of all the effort put in by the Leleni family and cannot wait to see what they can accomplish next.



## CYCLE SKILLS

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### Cycle Skills in Schools: Giving kids the skills to cycle safely in the Manawatu

The BikeReady programme offers schools, clubs, community groups, and individuals the opportunity to learn, develop, and practice the fundamental skills of cycling. The Grade 2 cycle skills programme takes those skills out on the road. These programmes offer fun, engaging and enjoyable cycling activities, and a clear progression of skill development. It is a pathway to choosing cycling for recreation, competition or transport.

**SKILLS IN SCHOOLS &  
LEARN TO RIDE SESSIONS  
DELIVERED TO  
1,434  
PARTICIPANTS**



### Cycle Skills for the Community: Helping adults gain the skills to cycle safely in our regions

The adult cycle skills programme was delivered to teachers and families. This programme gave teachers the skills they needed to assist the students during their cycle skills programme. The families were part of the Whānau Fit Programme and received cycle skills for fitness and fun.

**ADULTS CYCLE SKILLS SESSIONS  
GRADE 1                      GRADE 2**

**42**



**26**

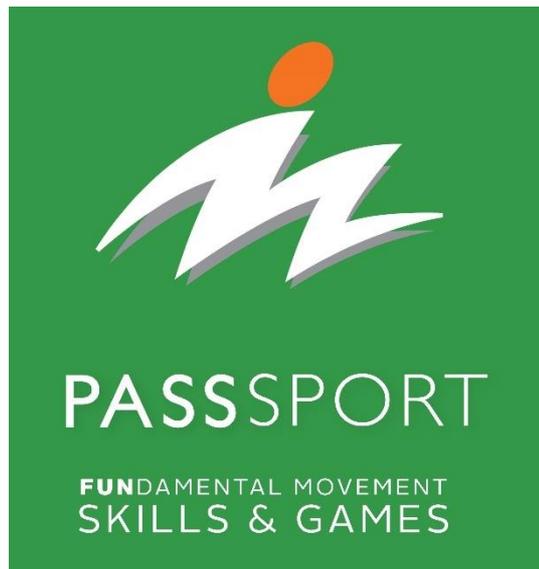
**PARTICIPANTS**

# REPLAY PASS-SPORT

The last year has seen the development of the Active Families Pass-Sport, a collaboration resource with REPLAY Recycled Sports Gear. It is designed for families to develop fundamental skills while playing together with sports equipment. The Pass-Sport includes 10-pages of ideas and challenges that require a piece of Replay Recycled Sports equipment and imagination.

The intention with these Pass-Sport's is to give them out to all our Active families along with one piece of equipment per family. At each weekly session they will bring back their piece of equipment and swap with another family for them to use the following week to fill out another page of their Pass-Sport together. The intention is the family will continue to be active and explore skills and challenges with their piece of equipment between weekly Active Families

sessions. We really look forward to seeing our families' use their Pass-Sport's together and cannot wait to see what games and activities they come up with while improving their fundamental skills.



SPORT MANAWATU ACTIVE FAMILIES

## JUMPING

What you will need:  
A skipping rope



See if you can jump rope forwards and backwards

Can you get two people skipping with the rope together?

What part of your body do you need to bend when you land?

What else can you do with the skipping rope that doesn't include skipping?

**DID YOU KNOW?**

Vaults were not used in ancient gymnastics – instead they used bulls to jump over

EMOJI

REPLAY RECYCLED SPORTS GEAR

## ROTATION

What you will need:  
A hoop



Try rotating the hoop around your arms and feet

What other tricks can you do with the Hula Hoop?

How many times can you hula hoop before it falls to the ground?

What are everyday activities you may do that use rotation?

**DID YOU KNOW?**

Golf is the only sport ever to be played on the moon

EMOJI

SPORT MANAWATU ACTIVE FAMILIES

## STRIKING

What you will need:  
A racket or a bat, and ball, or object you can safely hit



See many times can you hit the object to keep it in the air

What do you have to do to make the object go further?

What are the different ways you can strike an object?

What sports can you think of that require you to strike an object?

**DID YOU KNOW?**

The longest tennis match ever lasted 11 hours and 5 minutes

EMOJI

# MORE ACTIVE ADULTS

## WHĀNAU FIT PROGRAMME

The Whānau Fit Programme is a community-based physical activity and health initiative, designed for whānau to show the health and social benefits of whānau-based participation in events and activities.

The whānau based 10-week training programme is aimed at encouraging Māori and Pasifika families who have not participated in physical activity for a long period of time to become physically active, as we recognise the benefits of increased activity for Māori and Pasifika who are at risk of, or have, long-term health conditions, such as diabetes and cardiovascular disease.

The programme provides a holistic approach to overall health as we have acknowledged that there are barriers to participation in physical activity structure within Māori; hence, the main focus is Sir Mason Durie's Te Whare Tapa Wha model, which has a broad approach to health. Te Whare Tapa Wha interlinks the physical, mental, social, and spiritual



aspects of health and how these branches connect, to produce a healthy lifestyle.

This is achieved through education about exercise, nutrition, and goal setting on what whānau hope to achieve each week and throughout the time on the programme, and ongoing support once the programme has finished.

### Participant numbers

Horowhenua: 33

Manawatū: 34

Palmerston North City: 44

Tararua: 50

## Success Story: GRx & Whānau Fit

Anthony 'Ants' Ohlson (Ngāti Whare) came to his first session with the Whānau Fit Programme in September 2019, to begin his weight loss journey and get his health back on track.

During Ants first whānau fit session he chose Brazilian Jiu Jitsu, unaware that someone sweating his way through the kickboxing session had been walking the same journey to health that Ants was just beginning.

Alex Pollock (featured previously) would later become Ants' close friend, motivator, and number one supporter.

Rewind 15 years, life took a downward turn for Ants. Previously leading an active life, his long-term relationship ended, leaving a void soon filled with crippling depression. Undiagnosed and unaddressed this led to inactivity, weight-gain, and over time the myriad of, physical, mental, and social complications that come with it. Last year some of Ants family friends took part in the Whānau Fit Programme and he decided it was time to change, so joined them. First, he tried Brazilian Jiu Jitsu, then Kyokushin Karate, then weight training, and since then he has not looked back.



Photo: Ants and Alex in The Square, Palmerston North

In November, he joined Human Movements and began three months of weight training. Not only did the weight begin falling off, his strength also increased, and his outlook improved.

Ants has now lost over 28kgs in under 10 months. Ants regularly gets 'bloods' done. Everything is fine. He doesn't 'diet', he prefers to manage portion sizes, and incorporate regular exercise into the daily routine. Ants works with what he has – daily bodyweight exercises, daily stretching regime and volunteers any free time to his favourite sport of softball, and local businesses.

Ants and Alex, both acknowledge that the individual needs to take their own health into their own hands, as well as the need to accept support from others.

When Peeti Te Awe Awe, Rangitāne chief, born in June 1820 and passed away in June 1884, made his famous announcement 'Kua kaupapa i au te aroha ma koutou e whakaoti', (I have laid the foundation of friendship for your consummation), this is the spirit of friendship he was talking of. Considering recent events, the world needs more of this.



## NEW KIWI'S HEALTHY LIFESTYLE PROGRAMME

The GRx team united again with the Manawatū Diabetes Trust to deliver our third, five-week GRx/Healthy Lifestyle programme to local refugee learners at the ELP (English Learning Partners – Palmerston North) school. (Our first programme was delivered in Oct 2016).

The benefits of such a programme to this specific audience was initially identified through discussions with the Red Cross.

The aim was to provide support to migrant refugees in the Manawatū by providing education around adapting to the kiwi way of life through healthy lifestyle choices.

Fifty-seven former refugees participated in the 2019 programme. Below is feedback from one of the ELP tutors:

'During the previous five-weeks, some learners and teachers at ELP slept just a little more

soundly at night, and during the day others have groaned and pulled a few faces when moving their arms or walking about, but it is all for very good reasons! As well as having healthy cooking lessons, participants have been learning to strengthen their muscles and joints using exercise bands and warming up with gentle winter cardio exercise (cunningly disguised as fun and dance) at the SM workshops being held at ELP in July and August.'

Comments from the participants:

'It's good to drink water, not juice!'

'I really liked learning the chicken dance.'

'I learned how to make date balls in the blender – very nice''.

'I like the exercise and dancing, made me laugh!'

'I now use my exercise band every morning!'



## COMMUNITY STRENGTH & BALANCE

Sport Manawātū is helping New Zealanders to live stronger for longer by supporting the development of community strength and balance exercise classes throughout the MidCentral region.

Research has shown that when people do exercises to strengthen their leg and core muscles, their balance improves, and their risk of falls reduces by almost a third.

Throughout the MidCentral District Health Board region we have:

22 – Providers

73 – Community Strength & Balance Classes

### SUCCESS STORY

#### Patricia Macgregor

Age: 83

Patricia joined Sport Manawatu’s strength and balance programme in February 2019 after hearing about it from a friend and has been coming very nearly every Wednesday since.

Patricia joined as she had a couple of falls due to her lack of balance after a hip replacement surgery in January 2018. She also has only one muscle attached to the head of her shoulder instead of three, so found lifting her arm above her head difficult. Her health before she started was generally good, and she was walking on average an hour a day but wanted to increase her strength and ability to balance again.

Patricia continues to walk daily and tries to do her exercises she learnt in class twice a week. She enjoys walking and doing the exercises in class but finds the tandem walking in a straight line challenging. Patricia has noticed a great improvement in her balance as she can now balance on her hip replacement leg to put her trousers on. Also, she has noticed that now she can raise her arm well above her head and is considering playing tennis again, as she gave up due to the lack of mobility and strength in her arm especially when serving.

Patricia has really enjoyed coming to the classes. She finds the instructors friendly, helpful, and encouraging, and she has enjoyed building new friendships and engaging with other participants that are both old and new friends and has recommended this programme to many others.



# WALK THE MANAWATŪ

The Walk the Manawatū event was developed in response to support our community to be active during the Covid-19 lockdown.

The event involved a challenge of walking or running the length of the District (geographically, a distance measuring 100km starting from Rangiwahia in the North to Himatangi in the South). Participants were able to register as an individual or bubble, and permitted to walk, run, cycle, or scooter the distance, from the comfort of their neighbourhood bubble. Participants were required to keep track of kilometres, sending progress through by a cut-off date.

100km May Challenge ✅. Total kms walked, biked, scootered and ran = 582kms 🥳🥳🥳 So very proud!  
Final count 🙌  
Ryan (aged 3) = 102.36kms! 🚲🚲  
Maeve (aged 6) = 111.66kms! 🚲🚲  
Pearl (aged 9) = 110.06kms! 🙌🙌  
Ciara = 152.41kms  
Blair Funnell = 105.06kms 🙌 your kids passed you!!!  
#walkmanawatu #sportsmanawatu



We received a massive response to the initiative with over 400 participants taking part in the event. Local schools also got involved and Sport Manawatū responded by developing a classroom challenge.

Feedback from a participant is provided below:  
*'We enjoyed the extra incentive of getting out during rāhui. This was pushed our byo a little further than ever by walking to and from the river (we living off Featherston St). It was hard work by his own admission, and we are so proud of him. He displayed resilience, patience, and perseverance. Thank you for putting it out there.'*

# WALK THE TARARUA

During COVID-19 the TRA ran a very successful virtual event called 'Walk the Tararua'. The event was developed to encourage our District to stay active during the COVID-19 lockdown staying within the rules of the lockdown restrictions to complete 84 kilometres (kms) (the length of Tararua from Norsewood to Eketahuna) within their bubble. A total of 444 registrations were received with 275 District residents completing the full 84km distance. A combined total of 22,257km was completed.



Families completed it together, along with couples and individuals including a lady in a wheelchair. Some walked out their shoes, while others had not been walking in years.

The TRA created a template for participants to fill out and register their weekly kms as a way of

maintaining accountability. The highest kms completed were from a Pahiatua Family, the Andersons achieving 397km, while the highest individual kms achieved was 373km from Alisa Castles. Councillors who took part in the event included: Shirley Hull, Erana Peeti-Webber, Raylene Treder, and Alison Franklin.

Sport Manawatū contributed prizes throughout the whole competition which were all purchased locally to help local business during Covid-19. Some businesses also donated prizes including Pahiatua Paper Plus, Activate, Visique Optometrists, Fantail Botanicals, and Purley Massage.

It was hugely successful, and we will be looking to facilitate a similar event next year.



Coach Developer Training with Central Netball and youth.

# MORE GAME MAKERS

## COACH DEVELOPMENT

2019/20 saw the introduction of a women's only coach development programme (WICKED). The programme and its delivery have been co-designed by participants and the sector. The case study highlights the value and challenges of creating a scaffolded learning environment by developing the capability of female coach developers that will be able to develop female coaches in an environment that supports the social and emotional needs of the participants. The programme was led by four female Coach Developers and engaged 22 female programme participants.

## COACH DEVELOPER TRAINING

Coach developer training continued with a series of workshop's involving 18 code representatives. In addition, mentoring support for coach developers from the following sports: Golf, Cricket, Rugby, Netball, Bike Skills, Touch, Hockey, Special Olympics, Triathlon, and Football.

The workshop series was interrupted by COVID-19 but this allowed opportunities to deliver podcast type sessions via "ZOOM" and engage with guest speakers from different parts of NZ. Workshop series consisted of the following topics:

- Building learning relationship
- Presentation Skills
- Perception Check

### Covid-19 Podcast

- Jay Carter – NZ Golf (Working with a mentor)
- Wayne Masters – NZ Rugby (Creating scaffolded learning platforms)
- Kristen Hamling – Registered Psychologist (Courage to act)
- Garrett Williamson – NZ Netball (Working in different environments)
- Wayne Goldsmith – WG Coaching (Leadership)
- Facilitated coach developer training for Sport NZ (Match officials), Squash NZ, Central Netball, and Hockey NZ

## WOMEN AND GIRLS IN SPORT AND ACTIVE RECREATION

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The inaugural Festival for Women and Girls in Sport and Active Recreation was held in October 2019, the purpose of which was to improve opportunities, experiences, and outcomes for women and girls engaged in sport and active recreation. A highlight of the week-long event was the successful launch of the Women Inclusive Coaching Keeping Engaged in Development (WICKED) initiative. This is a co-designed coaching course with 22 registered women coaches involved on the course.

### WICKED 'WOMEN IN COACHING' PROGRAMME

The intent of the programme is to develop the confidence and capability of the coach developers to develop female coaches in an environment that supports the social and emotional needs of the coaches.

The most valuable aspect of the programme was the connection and safe environment that was created. The best example: one participant was 8 months pregnant entering the programme. Once the baby arrived, she was encouraged by the other participants to bring the baby to the next workshop. She made contact the week before the workshop to check if it was ok to bring her 3-week-old baby, and she was encouraged to do so. She felt comfortable enough during the workshop to breastfeed the baby and carry on with her coaching development.



The feedback indicated that the safe, inclusive environment created for the ladies in a female only environment strongly suggests Sport Manawatū should continue to provide female only coaching environments. Evolution of the programme will continue to include virtual, face-to-face workshops, and one to one support for coaches. This process will be led by the participants to increase engagement.



# SECTOR DEVELOPMENT

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## PARTNER COLLABORATION

### NEW ZEALAND GOLF

Manawatū Wanganui Golf has a long-standing relationship with Sport Manawatū, utilising the shared services model as a tenant in the Sport Manawatū building. In more recent years a partnership with Golf NZ via the lower North Island regional manager based in the Sport Manawatū building has developed.

Over the last 12 months the benefits of the strong relationship with Sport Manawatū has been evident in the introduction and development of the following initiatives in the region:

- She Loves Golf
- Super 6's Festival
- Youth development – Coach Development

*“Sport Manawatū has been an important and essential partner with New Zealand Golf over the past year”*

- Dayne Bullock, New Zealand Golf

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### GOVERNANCE

During the year Sport Manawatū progressed five of seven partner plans to support priority sports in the region. An example included the appointment of Mark Cleaver as an independent chair for Hockey Manawatū for a one-year period.

The appointment of Mark has brought a strong governance skill set to the Board to assist navigate them during the current covid situation, and to support the newly appointed GM.

This independent chair appointment will serve as a pilot for supporting Governance across the region in the future.

## SECTOR LEADERSHIP

In collaboration with Volleyball NZ, Sport Manawatū progressed efforts to establish a Manawatū-Whanganui Volleyball Association.

A series of meetings with interested parties took place, and draft association rules were established and circulated for feedback. A Volleyball Development Officer was appointed who will assist the Board in establishing the association. The challenge with volleyball has been bringing all the individual parties with a passion for volleyball in the region together to agree on a way forward. The appointment of the Volleyball Development Officer, and the drafting of a set of association rules demonstrates great progress.

A key focus during the past year was assisting the Manawatū Softball Association in delivering the WBSC Under 18's Men's World Cup and to create a legacy that continues post the event.

Sport Manawatū provided the Manawatū Softball Association with assistance through the recruitment of 100 volunteers and provided support to them and teams over the week-long event. A school programme was run concurrently with each team being adopted by a school to showcase elite athletes to the young people and coaching clinics were run at the schools prior to the tournament starting.

## WORKING WITH RANGITĀNE O MANAWATŪ

In March, Sport Manawatū began working on a Māori Participation Framework to support play, active recreation, and sporting aspirations for whānau, hapu, and iwi.

This framework supports our Boards commitment to our Tiriti of Waitangi, and Diversity and Inclusion Policies. The framework is intended to help shape our future direction to achieve mutually supportive outcomes in partnership with Rangitāne, including iwi from within our wider region.

Initial investigations have provided a general view of Māori participation in physical activity at a

broad national level, and we have begun the process of capturing participant feedback from whānau involved in our Whānau Fit programmes.

Engagement to date has included a discussion with the lead of the Māori Health Plan at the DHB, with ongoing discussions with Rangitāne. We will be establishing a Māori or Iwi reference group who we hope will provide ongoing support and guidance that supports and demonstrates our commitment to protect and promote the interests and status of tangata whenua into the future, and sets a premise for respectful partnerships.

## SECTOR SUPPORT DURING COVID-19

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Sport Manawatū developed a Sector Recovery Plan in April 2020 for providers/partners in response to the COVID-19 pandemic. The plan was developed using stakeholder feedback, national and local information, and insights from our March 2020 sector survey. The information included direct feedback from sports administrators (paid and unpaid) across Palmerston North City, Manawatū, and Tararua Districts.

The plan was made flexible to adjust to the changing needs of the sector and respond quickly to accommodate the respective Alert levels. We focused our efforts on addressing the following key areas:

- Business Continuity for the Sector
- Resumption of Sport and Active Recreation – Participant focused- Return to Play
- Sector Collaboration and Partnerships
- Supporting Innovation and leading change

Our strategic partnership status with Palmerston North City Council meant that we were able to be involved in a range of discussions around support and recovery. This included a coordinated and shared approach for the return to sport, rather than

dealing with each sporting code individually. Council requested Sport Manawatū to review the play protocols of each code, seeking clarity on how they would meet the Government criteria for Alert Level 2.

This enabled Sport Manawatū to assist codes where needed in the development of Safety Plans. Contact tracing of participants, officials, and spectators at each game or training event, appeared the biggest challenge for codes wanting to use Council facilities. This resulted in the codes being ‘game ready’ when the government announced the move to Alert Level 1.

The impact from the Sector Recovery Plan is highlighted in this stakeholder feedback from Central Football:

*“Firstly, I would like to praise the work the Sport Manawatu staff have done since the pandemic outbreak. Their forward thinking saw them convene the sporting sector just one week into the event. These hui’s have been invaluable to ensuring the winter and summer codes have aligned thinking. I speak with absolute confidence that all codes have discussed and largely agreed that moving the dates to allow mutually beneficial outcomes for all is simply a given.”*



## REGIONAL SPORT FACILITIES PLAN (RSFP)

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The purpose of the Manawatū-Whanganui Regional Sport Facility Plan is to provide a high-level strategic framework for regional sports facilities planning and optimisation of existing facilities. It provides direction on what should be done and crucially, what should not be done. The Plan focuses thinking at a network-wide sports facilities level with emphasis on national, regional, and sub-regional assets, while also capturing local level facility data.

The goal of the Manawatū-Whanganui Regional Sport Facility Plan is to ensure a greater proportion of facilities are affordable, efficient, effective, and sustainable in delivering more sporting and recreational opportunities for our Region.

# FINANCIALS

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## REPORT OF THE INDEPENDENT AUDITOR ON THE SUMMARY FINANCIAL STATEMENTS

### To the Trustees of Sport Manawatu Charitable Trust

#### Unqualified Opinion

The summary financial statements on pages 1 to 3, which comprise the statement of financial position as at 30 June 2020, the statement of comprehensive revenue and expenses, statement of changes in net assets and cash flow statement for the year then ended, and notes to the summary financial statements, are taken from the audited financial statements of Sport Manawatu Charitable Trust for the year ended 30 June 2020. In our opinion, the accompanying summary financial statements are consistent, in all material respects, with the audited financial statements, in accordance with PBE FRS 43: *Summary Financial Statements* issued by the New Zealand Accounting Standards Board.

#### Summary Financial Statements

The summary financial statements do not contain all the disclosures required by Public Benefit Entity Standards Reduced Disclosure Regime (PBE Standards RDR). Reading the summary financial statements and the auditor's report thereon, therefore, is not a substitute for reading the audited financial statements and the auditor's report.

#### The Audited Financial Statements and Our Report

We expressed an unmodified (unqualified) audit opinion on the financial statements in our report dated 17 September 2020.

#### Trustees' Responsibility for the Summary Financial Statements

The Trustees are responsible on behalf of the entity for the preparation of the summary financial statements in accordance with PBE FRS-43: *Summary Financial Statements*.

#### Auditor's Responsibility

Our responsibility is to express an opinion on whether the summary financial statements are consistent, in all material respects, with the audited financial statements based on our procedures, which were conducted in accordance with International Standard on Auditing (New Zealand) (ISA (NZ)) 810 (Revised), *Engagements to Report on Summary Financial Statements*.

Other than in our capacity as auditor we have no relationship with, or interests in, Sport Manawatu Charitable Trust.

CKS Audit

CKS Audit  
17 September 2020

**Sport Manawatu Charitable Trust**  
**Summary Financial Statements**  
**For the year ended 30 June 2020**

**Statement of Comprehensive Revenue and Expenses**  
**For the year ended 30 June 2020**

	2020	2019
<b>Revenue</b>	<b>\$</b>	<b>\$</b>
Revenue from non-exchange transactions	1,905,356	1,922,606
Revenue from exchange transactions	202,947	293,828
<b>Total revenue</b>	<b><u>2,108,303</u></b>	<b><u>2,216,434</u></b>
<b>Expenses</b>		
Staff costs	1,460,905	1,489,223
Programmes	197,269	249,128
Interest expense	17,371	22,313
Loss on disposal of assets	0	35
Other expenses	355,600	392,725
<b>Total expenses</b>	<b><u>2,031,145</u></b>	<b><u>2,153,424</u></b>
<b>Other comprehensive revenue and expenses</b>	<b>-</b>	<b>-</b>
<b>Total comprehensive revenue and expenses for the year</b>	<b><u>77,158</u></b>	<b><u>63,010</u></b>

**Statement of Financial Position**  
**As at 30 June 2020**

	2020	2019
<b>Current assets</b>	<b>\$</b>	<b>\$</b>
Cash and cash equivalents	1,444,200	1,119,479
Investments	319,755	310,171
Receivables and prepayments from exchange transactions	35,394	120,536
Receivables from non-exchange transactions	259,268	270,963
	<u>2,058,617</u>	<u>1,821,149</u>
<b>Non-current assets</b>		
Property, plant, and equipment	209,607	253,999
	<u>209,607</u>	<u>253,999</u>
<b>Total assets</b>	<b><u>2,268,224</u></b>	<b><u>2,075,148</u></b>
<b>Current liabilities</b>		
Trade and other creditors	321,688	90,656
Income in advance	117,517	13,750
Funds held on behalf	296,384	436,010
Finance leases	85,880	51,954
Employee entitlements	95,456	122,757
	<u>916,925</u>	<u>715,127</u>
<b>Non-current liabilities</b>		
Finance leases	61,922	147,802
	<u>61,922</u>	<u>147,802</u>
<b>Total liabilities</b>	<b><u>978,847</u></b>	<b><u>862,929</u></b>
<b>Net assets</b>	<b><u>1,289,377</u></b>	<b><u>1,212,219</u></b>
<b>Equity</b>		
Accumulated revenue and expenses	1,289,377	1,212,219
<b>Total equity</b>	<b><u>1,289,377</u></b>	<b><u>1,212,219</u></b>

These summary financial statements should be read in conjunction with the notes to the summary financial statements and the Audit Report.



**Sport Manawatu Charitable Trust  
Summary Financial Statements  
For the year ended 30 June 2020**

**Statement of Changes in Net Assets  
For the year ended 30 June 2020**

	Accumulated comprehensive revenue and expenses \$	Total equity \$
Opening balance 1 July 2018	1,149,209	1,149,209
Total comprehensive income	<u>63,010</u>	<u>63,010</u>
<b>Closing equity 30 June 2019</b>	<b><u>1,212,219</u></b>	<b><u>1,212,219</u></b>
Opening balance 1 July 2019	1,212,219	1,212,219
Total comprehensive income	<u>77,158</u>	<u>77,158</u>
<b>Closing equity 30 June 2020</b>	<b><u>1,289,377</u></b>	<b><u>1,289,377</u></b>

**Cash Flow Statement  
For the year ended 30 June 2020**

	2020 \$	2019 \$
Net cash flows from operating activities	391,793	34,218
Net cash flows from investing activities	(14,541)	(20,085)
Net cash flows from financing activities	(52,531)	353,161
Net increase / (decrease) in cash and cash equivalents	324,721	367,294
Cash and cash equivalents at 1 July	<u>1,119,479</u>	<u>752,185</u>
<b>Cash and cash equivalents at 30 June</b>	<b><u>1,444,200</u></b>	<b><u>1,119,479</u></b>

Signed for and on behalf of the Board of Trustees who authorised these summary financial statements for issue on 17 September 2020:

  
\_\_\_\_\_  
Trustee

  
\_\_\_\_\_  
Trustee

These summary financial statements should be read in conjunction with the notes to the summary financial statements and the Audit Report.

**Sport Manawatu Charitable Trust**  
**Summary Financial Statements**  
**For the year ended 30 June 2020**

**Notes to the Summary Financial Statements**

1. The reporting entity is Sport Manawatu Charitable Trust (Sport Manawatu). Sport Manawatu is domiciled in New Zealand and is a charitable organisation registered under the Charitable Trusts Act 1957, and the Charities Act 2005.
2. The full financial statements on which this summary is based, have been prepared in accordance with Generally Accepted Accounting Practice in New Zealand (NZ GAAP). They comply with Public Benefit Entity International Public Sector Accounting Standards (PBE IPSAS) and other applicable financial reporting standards as appropriate that have been authorised for use by the External Reporting Board for Not-For-Profit entities. For the purposes of complying with NZ GAAP, Sport Manawatu is a public benefit not-for-profit entity and is eligible to apply Tier 2 Not-For-Profit PBE Standards on the basis that it does not have public accountability and it is not defined as large.
3. The Board of Trustees has elected to report in accordance with Tier 2 Not-For-Profit PBE Accounting Standards and in doing so has taken advantage of all applicable Reduced Disclosure Regime (RDR) disclosure concessions.
4. The summary financial statements have been extracted from the full financial statements and are presented in New Zealand dollars. The summary financial statements of Sport Manawatu including: Statement of Comprehensive Revenue and Expense; Statement of Financial Position; Statement of Changes in Net Assets; and Cash Flow Statement cannot provide a full understanding due to their summary nature. The understanding can be obtained only by reference to the full financial statements of Sport Manawatu.
5. A copy of the full financial statements may be obtained on request from Sport Manawatu, 47 Queen Street, Palmerston North or from [sportmanawatu.org.nz/about/reports](http://sportmanawatu.org.nz/about/reports).
6. A list of related party transactions is included in the full financial statements.
7. At balance date Sport Manawatu had major operating commitments of \$89,239 (2018: \$209,690).
8. There are no contingent assets or liabilities at the reporting date.
9. The full annual financial statements of Sport Manawatu have been audited by CKS Audit who have issued an unmodified audit report in respect to the financial statements on 17 September 2020. CKS Audit have audited these summary financial statements and found them to be consistent with the full financial statements.
10. These summary financial statements are in compliance with PBE FRS-43: Summary Financial Statements.
11. These summary financial statements have been approved and were authorised for issue by the Board of Trustees on 17 September 2020.

# COMMUNITY RESILIENCE FUND

Sport Manawatu partnered with Sport NZ to administer the Sport NZ Community Resilience Fund in our region.

The funds aim was to provide financial support to sporting organisations who experienced financial hardship because of Covid-19 during the period April – June 2020.



ORGANISATION	\$ APPROVED
The Manawatu Car Club (Incorporated)	1,000
Levin North Indoor Bowling	663
Dannevirke Sports Club Netball Club	1,000
Te Kawai Rugby Football Club	1,000
Dannevirke Sports Club Football Club	1,000
Eketahuna Golf Club	1,000
Levin Gymsports Inc	558
Feilding Golf Club (Inc)	1,000
Palmerston Cricket Club Incorporated	244
Dannevirke Sports Club Cricket Club	1,000
Dannevirke Rugby Football Sub Union Incorporated	1,000
Ice Breaker Aquatics Incorporated	1,000
Kiwi West Aquatics Inc	1,000
The Dannevirke Squash Club Incorporated	1,000
Dannevirke Sports Club Hockey Club	1,000
Manawatu Darts Association Incorporated	1,000
Johnston Park Bowls	1,000
Tararua Squash Club Inc	1,000
Feilding Scout Group	1,000
Levin Old Boys Cricket Club	1,000
Levin Hockey (MCOB)	1,000
Dannevirke Badminton Club	801
Dannevirke Sports Club Rugby Club	1,000
Wanganui Manawatu Gliding Club	1,000
Feilding Old Boys Oroua Rugby Football Club Inc	1,000
Feilding Moa Harrier Club Incorporated	681
Manawatu GymSports	1,000
Terrace End Bowling Club Inc.	1,000
Manawatu Lawn Tennis Club	1,000
Ashhurst Pohangina Rugby Football Club Inc.	1,000
Northern Club (Manawatu) Inc	1,000
SnapBACK Gym	1,000
Pahiatua Golf Club Inc	1,000
Dannevirke Smallbore Rifle Club	732
Takaro Sports Club Inc	1,000

Manawatu Striders Inc	1,000
Palmerston North Surf Life Saving Inc	1,000
Aotea Sports Club Inc	1,000
Levin Basketball Assn	1,000
Bush Sports Club Incorporated	1,000
The Palmerston North Squash Club Incorporated	1,000
Roslyn Scout Group	1,000
Himatangi Beach Bowling Club	1,000
Weraroa Cricket Club INC	1,000
North End AFC	1,000
Athletic Rugby Club Levin	1,000
Manakau United Football Club Incorporated	651
Palmerston North Golf Club Incorporated	1,000
Feilding Rugby Football Club Incorporated	1,000
Levin College Old Boys Football Rugby Club	974
Southern Cross Taekwon-Do Academy Incorporated (SCTA Inc)	1,000
Levin Harrier & Multisport Club	778
Red Sox Sports Club Incorporate	1,000
United Cricket Club Incorporated	1,000
Freyberg Old Boys RFC	842
Bunnythorpe Rugby Football Club Inc.	1,000
Te Pae Poitarawhiti o Ikaroa Ki Te Raki	100
Horowhenua Hockey Association	3,900
Dannevirke Netball Assn Inc	1,363
Bush Ruahine Indoor Bowls	966
Manawatu Rugby Football League Inc	2,122
Netball Horowhenua	2,722
Horowhenua Kapiti Cricket Association	10,228
Manawatu Softball Association	5,536
Basketball Manawatu	12,232
Netball Manawatu	11,710
Manawatu badminton Association	6,191
Tennis Manawatu Inc	5,779
Target Shooting NZ Inc	14,258
Horowhenua Kapiti Rugby Football Union	38,309
Hockey Manawatu Incorporated	40,000
Manawatu Rugby	40,000
Manawatu Cricket Association Incorporated	12,481
<b>TOTAL</b>	<b>\$260,824</b>

# KIWISPORT FUNDING

The KiwiSport Fund allows Sport Manawatū to positively influence the range and quality of sporting programmes in our region. Programmes that receive funding enhance skill development, aid volunteer development, and participation. Sport Manawatū manage four different funding pools: Fast Fund, Small Project Fund, Large Project Fund, and Secondary School Fund.



## FAST FUND

Lead Agency/Provider	Project Name	\$ Approved
Ashhurst School	Pushing Forward Skateboard Project	10,000
Levin Hustle Baseball Club Inc	Development Programme	6,601
Manawatu Special Needs Taekwon Do	Open Days	2,911
Matthew Conger/Sport Manawatu	Young Women Officiating	3,150
Newbury School	Traditional Maori Games	3,737
Off the Loop Wake Park	Girls Clinic Wakeboarding	9,070
Onboard Skate Inc	Grind Girls	9,998
Parkland School	Athletics Equipment	5,974
SnapBACK Gym	Boxing Ring Assistance	4,420
Splashhurst Community Pool	Splashhurst Rural School Programme	10,000
Takaro School	Takaro BJJ/MMA	8,511
Takaro School	Athletics Equipment	7,366
Takaro School	Te Whakato te Kakano	9,785
Terrace End School	Athletics Equipment	590
Roslyn School	OnBoard Skate	5,000

## SMALL PROJECT FUND

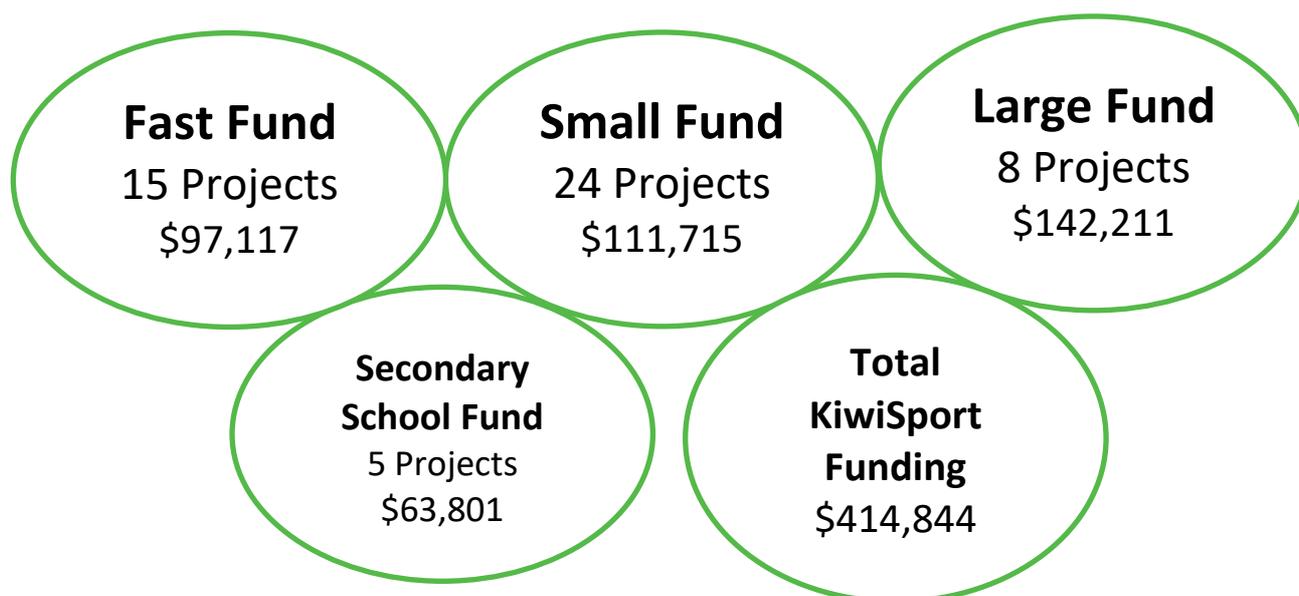
Lead Agency/Provider	Project Name	\$ Approved
Awatapu College	Awatapu Fitness Club	5,000
Bush Multi Sports Trust	Tararua pick up a racket	5,000
Central Normal School	Athletics at CNS	4,909
Cloverlea School	Cloverlea Volleyball	2,525
College Street Normal School	CSNS Volleyball	5,000
Feilding Saturday Netball	Yr 1-2 Future Ferns	4,150
Hokowhitu School	Senior Athletics	3,822
Horowhenua Junior Softball	Coaching in Schools Programme	5,000
Manawatu Cricket Association	Country School Programme	5,000
Manawatu Touch Association	Future Whistles	5,000
Monrad Intermediate	Traditional Maori Games	4,840
Monrad Intermediate	Basketball Programme	4,994
Netball Manawatu	Males in Netball	4,983
Newbury School	Strengthening Basketball	2,413
Palmerston North Golf Club	Junior Golf Development Programme	5,000
Parafed Manawatu	Wheelchair Basketball	5,000
PN Weightlifting Club	PNWC Youth Development	5,000
Roslyn School	Gymnastics at Roslyn School	5,000
Russell Street School	Russell Street Athletics	5,000
Special Olympics NZ	Breaking Down the Barriers	4,523
St Joseph's School Levin	Ki o Rahi Horowhenua	4,651
Terrace End School	Terrace End Volleyball	4,906
Weraroa Cricket Club Inc	Junior Development Pathway	4,994
Woodville School	Pushing Forward Skateboard Project	5,000

## LARGE PROJECT FUND

Lead Agency/Provider	Project Name	\$ Approved
B12 Touch	Shelley Naylor Realty Touch Module	14,315
Central Football	Volunteer Football Coach Development	8,949
Central Football	Fun Futsal for All	10,000
Manawatu Cricket	Female Cricket Pathway	35,312
PNAHC	Primary School Athletics	13,958
RecreActive	Water Skills for Life	22,548
Turitea School	Fitzherbert Interschool Sports Programme	14,029
Volleyball NZ	Volleyfest in Manawatū	23,100

## SECONDARY SCHOOL FUND

Lead Agency/Provider	Project Name	\$ Approved
Tararua College	Travel Assistance	9,535
Tararua College	Participation Project	8,568
Waiopēhu College	Junior and Senior Coach Development Programme	30,104
Waiopēhu College	Travel Assistance	9,994
Dannevirke High School	Travel Assistance	5,600



## SPORTS EVENT PARTNERSHIP FUND

The Sports Event Partnership Fund was established by the Palmerston North City Council in 2015 with fund management responsibilities given to Sport Manawātū. The purpose of the fund is to support operational costs for sports events hosted in Palmerston North, events that reinforce economic growth and/or community spirit through the provision of grants.



Unfortunately, this year many events that would normally have been funded did not occur due to Covid-19.

Lead Agency/Provider	Event Name	\$ Approved
Badminton NZ	Yonex NZ Junior Team Badminton Championship	25,000
Basketball NZ	Secondary School Tournament	40,000
Feilding Moa Harrier Club	NZ Road Relays	5,000
Hockey Manawatu	Jenny Hair Tournament & Hatch Cup	8,000
Manawatu Cricket Assoc	CD U15 Girls Cricket Tournament	10,000
NZ School Cycling Assoc	National Secondary Schools Road Championship	7,500
NZ Schools Rugby	Top 4 - 2019	25,000
Ethkick Committee	2020 Ethkick & Ethsports Tournament	4,500
Manawatu Golf Club	NZ Super 6's Golf Tournament	12,500
Manawatu Softball	2020 Youth Softball Tournaments	12,700
Racketlon Manawatu	2020 National Racketlon Tournament	2,500
Massey Men's Netball	Tournament	1,000
PN Bowls	Golden Oldies Bowls Tournament	1,500
Softball 2020 Ltd	U18 Men's Softball World Cup	5,000
<b>TOTAL</b>		<b>\$160,200</b>

## ACTIVE COMMUNITIES FUND

Established by the Palmerston North City Council, the Active Communities Fund aims to remove financial barriers to enable individuals, families, caregivers, children, and youth the opportunity to be more active, more often. From 1 July 2019 – 30 June 2020, \$14,298.52 was distributed to 86 individuals for a variety of activities.

# PARTNERSHIPS



# SUPPORTERS





[WWW.SPORTMANAWATU.ORG.NZ](http://WWW.SPORTMANAWATU.ORG.NZ)

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**CONTACT US**



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