



**EVERYONE ACTIVE EVERYDAY**

# ANNUAL REPORT

2016 – 2017

# HE MIHI

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Tu mai rā Tararua pae maunga me tō taumata ko Te Ahu a Turanga,  
Tukua ko te awa e rere mai nei Ko Manawatū.

Ko te aronga ake ki Tānenuiarangi tangata, ki Rangitāne Iwi e pupuri tonu  
ana i te mauri  
o te whenua.

Tenei te mihi ake ki ngā tihi maunga, te oneone tapu, nga mānia, nga pārae  
tae noa ake ki nga takutai moana a to tatou rohe nui tonu Tēnā koutou  
katoa.

E ngā mate huhua o te rā, o te wiki, o te marama, o te tau....moe mai ra i to  
tatou Ariki nui.  
E kore nei e warewaretia

E aku rangatira "Tini whetu ki te rangi, Ko Rangitāne ki te whenua"

Tihei Mauri Ora

Sport Manawatū recognises our local iwi Rangitāne and their customary  
relationship to this area.

We also acknowledge our mountains, sacred landmarks, the traversing  
land, the plains (from mountain to the sea) within the expanse of our  
rohe/area of Palmerston North, Manawatū, Tararua, and Horowhenua.

Tēnā koutou katoa

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# CONTENTS

- 02 He Mihi
- 04 Chairman and CEO report
- 06 Board  
Staff
- 07 Highlights

## Information Areas

- 09 Sport Leadership
- 10 Regional Sport and Active Recreation Workshop  
Regional Capability
- 12 Regional Sports Facility Plan

## Community Sport and Recreation

- 15 Active Families
- 17 Active Transport
- 19 Coach Capability
- 20 Community Led Development
- 22 Green Prescription (GRx)
- 26 Kiwisport
- 28 Pathway to Podium (P2P)
- 29 Physical Literacy
- 30 Secondary School
- 32 Whānau Tri Training Programme
- 36 Workforce Capability

## Events

- 36 Feilding (Run, ride, n slide)
- 38 Meridian Te Āpiti Whānau Challenge
- 39 Grassroots Sports Awards
- 40 Manawatū Standard Secondary Schools Sports Awards
- 43 Central Energy Trust Manawatū Sports Awards
- 46 Secondary School Events

## Financials

- 48 Funding
- 51 Summary Financial Statements
- 57 Key Partners and Supporters

# FROM THE BOARD CHAIR AND CHIEF EXECUTIVE OFFICER

On behalf of the Board and staff of Sport Manawatū we are pleased to present our 2016/2017 annual report.

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It has been another full year of activity and growth for Sport Manawatū. Our sport and active recreation sector is constantly changing, and we are working to ensure that we can attract, retain, and develop the diverse talent needed to sustain our workforce. A strong focus on people and capability has seen some positive changes in how we operate as a team, which we believe is reflected in the positive results from the 2017 Sport NZ Annual Regional Sports Trust Stakeholder Survey. The survey has shown that stakeholders, overall (89%), are happy with Sport Manawatū's performance and direction, and that support and collaboration (91%) are two key areas in which Sport Manawatū ranked highly in by stakeholder organisations.

Reflecting on the past 12 months also brings a touch of sadness as we acknowledge the passing of three Legends of Sport; Vern Chettleburgh, Jean Whitehead, and Aileen Nash. Vern Chettleburgh was inducted as a Legend of Sport for his services to sport, in December 2016. He passed away several weeks later. He was patron of Netball Manawatū for 26 years and his support for athletics included helping to set up the Manawatū Community Athletics Track at Massey University.

Jean was a New Zealand Golf life member; she represented New Zealand in two Espirito Santo tournaments (1964 and 1968); three Commonwealth teams (1959, 1963, and 1971); and three Tasman Cup matches (1962, 1964, and 1968). She was a national selector, won nine national titles, and was a prominent figure for the Manawatū Golf Club.

Also representing golf, Aileen won the New Zealand Ladies Championship in 1954, and played the first British Commonwealth tournament at St Andrew's in Scotland in 1959. She won her first golf tournament in 1950, the Manawatū Open. She went on to represent Manawatū in golf, tennis, basketball, badminton, and squash.

Active Families expanded its scope over the year to service the entire MidCentral District Health Board region. This now includes from Otaki to Dannevirke, and through to Feilding. The Active Families team also nearly doubled their annual referral target of 90, with 175 referrals. The impact of this programme is captured in Anahera Matthews' story of success in this report, where Ana has become more confident and willing to try new activities with the ongoing support of her mum and dad.

A new approach to coaching and talent development was implemented in December 2016, with the aim to support the development of local athletes, coaches, and officials. We contracted the services of Wayne Goldsmith, who is a leading high-performance coach consultant to assist with our approach. Wayne's approach was put to the test at our regional sport and active recreation workshop earlier this year with a focus on solution based outcomes. Understanding the needs of regional sports organisations, providers, and clubs is essential for the stability and sustainability of our sporting workforce in the Manawatū. We have delivered a range of services and programmes to support our various sport partners, included, but not limited to, governance training sessions, providing trend data, hosting forums, and developing strategic plans.

## TRUSTEES

At the beginning of 2017, Colleen Sheldon and Tristine Emery joined the Board. It is great to have their skills and experience around the Board table. I would like to thank all the Sport Manawatū Board for their continued support and commitment over the last year. All Board members give their time as volunteers and it is a pleasure to have their experience and input.



Above: Nolan King & Trevor Shailer

## FINANCIAL RESULT

A fiscally responsible year has allowed us to record a surplus of \$7,211. This also results in an increase in net assets to \$1,541,231. This is an important element in maintaining a strong balance sheet and reserves, in planning for a new Sports House facility.

## LOOKING AHEAD

Our key strategic priority remains the development of a new purpose built Sports House facility. To that end Sport Manawatū, with the support of PNCC, has completed a feasibility study, and established a project team. We will continue to collaborate with PNCC as we work to finalise our plans and timelines. Sport Manawatū has also led the development of a Regional Sport Facility Plan for the Manawatū-Whanganui region. Across the region over 500 facilities have been identified and surveyed across 14 various asset types. The plan will identify the current provision of facilities, any gaps in provision, and provide direction and priorities for the future needs of the region. This plan will be a significant resource for our respective Councils and Community funders, not to mention our sport and active recreation sector.

## SPORT MANAWATŪ TEAM

Finally, our biggest thanks must again go to our whole Sport Manawatū team for their efforts over the last year. The Sport Manawatū team continue to demonstrate their motivation and professionalism in getting 'Everyone Active Everyday'.



**Nolan King**  
Chairman, Sport Manawatū



**Trevor Shailer**  
CEO, Sport Manawatū

# SPORT MANAWATŪ BOARD & STAFF



**Back Row L-R:** Tristine Emery, Nathan Hopcroft, Colleen Sheldon, Fenella Devlin  
**Front Row L-R:** Craig Purdy, Nolan King (Chair), Shayne Harris (Deputy Chair), John Culling



**Back row L-R:** Emma Carey, Ailsa Castles, Leanne Couch, Shaun Whenuaroa, Muz Sujau, Brittany Andrew, Sarah Karika, Strahan McIntosh

**Middle Row L-R:** Fiona Macdermid, Lynley Montgomery, Nici Kinloch, Jason Fletcher, Kayla Whitelock, Tash Narasy, Katrina Gemmell, Sarah Palmer, Morna McFarlane

**Front Row L-R:** Sanjay Patel, Stuart Robinson, Brad Cassidy, Trevor Shailer, Taylor Hakaraia-Woon, Marcus Howie, Phil Stevens

**Absent:** Marie Beales, Natarsha Nikora, Helen Richardson, Kelly Christensen



# 502

**PARTICIPANTS**

actively engaged in the

## MERIDIAN TE APITI WHANAU

CHALLENGE



## CYCLE SKILLS & LEARN TO RIDE

SESSIONS DELIVERED TO

# 1514

**PARTICIPANTS**

# \$447,286

FUNDING GRANTS

DISTRIBUTED TO

## LOCAL COMMUNITY PROJECTS



# GRX

ACHIEVED

# 9 out of 9

# KPI'S



# 154

**VOLUNTEERS**

INDIVIDUALLY RECOGNIZED  
AND CELEBRATED

# 15



## MAJOR

**SPORTS EVENTS**

BRINGING OVER

# \$5,535,131

to the region

# 75

NEW ZEALAND  
representatives

**RECOGNISED**

at the

## Manawatū

SECONDARY SCHOOLS

sports awards



## PHYSICAL LITERACY



# 251

**TEACHERS**

AND

# 3,500

**CHILDREN**





ROLL OF HONOR

1. J. J. ...	11. ...
2. ...	12. ...
3. ...	13. ...
4. ...	14. ...
5. ...	15. ...
6. ...	16. ...
7. ...	17. ...
8. ...	18. ...
9. ...	19. ...
10. ...	20. ...

TRIBUTE TO SOUTH BRITAIN 1914-1918  
IRONBUSH ROLL

1. ...	2. ...
3. ...	4. ...
5. ...	6. ...
7. ...	8. ...
9. ...	10. ...
11. ...	12. ...
13. ...	14. ...
15. ...	16. ...
17. ...	18. ...
19. ...	20. ...

ROLL OF HONOR 1914-1918  
SECOND WORLD WAR

1. ...	2. ...
3. ...	4. ...
5. ...	6. ...
7. ...	8. ...
9. ...	10. ...
11. ...	12. ...
13. ...	14. ...
15. ...	16. ...
17. ...	18. ...
19. ...	20. ...



Above: The Student Leadership Council with Strahan McIntosh and Leanne Couch at the Sport & Rugby Institute

# SPORT LEADERSHIP

Sport Leadership is about leading the region’s approach to our challenges. It’s about making sport accessible, creating value, and meeting the needs of sport participants in our region.

## OUR WORK OVER THE LAST 12 MONTHS HAS INCLUDED:

- A partnership agreement with the Manawātū Rugby League board has helped guide its relationship with Sport Manawātū where we provide administrative assistance and guidance on strategic planning. There has been a surge in growth in rugby league in Manawātū in the last 12 months, with participation numbers up from 551 to 782.
- A Memorandum of Understanding with UCOL to help guide our relationship in achieving shared strategic objectives relating to sport and active recreation in the city.
- A submission (on behalf of sports) to city councillors shaping the future direction for sport and active recreation in the city.
- A continued willingness by council staff to consult with us on helping to build sport and active recreation strategies to solve issues affecting the community.
- Increased connectivity and partnering with low participation communities (migrant groups and our Pasifika community), achieved by open and transparent dialogue that has helped us to identify their aspirations, reduce barriers to participation, and connect members into competition pathways and events.
- A partnership between Central Energy Trust (CET) Arena, Basketball Manawātū, and Sport Manawātū has seen the installation of new camera technology (called Glory League) at CET Arena. The technology is a sports video engagement platform that enables sport participants to relive and share their video footage captured at CET Arena. The project has been a great success, winning the innovation excellence category at the 2017 New Zealand Sport and Recreation Awards held in Auckland.
- Through a locally-led delivery approach, Sport Manawātū together with Central Football have begun to tease out viable options for the Bhutanese community (Manawātū) to establish a sports club.

# REGIONAL SPORT AND ACTIVE RECREATION WORKSHOP

Forums provide a platform for the sports sector to share knowledge and work more collaboratively on issues that continue to affect all sports.

**F**acilitated by international sports performance consultant, Wayne Goldsmith, Sport Manawatū hosted a regional sport and active recreation workshop at the Manawatū Golf Club in June. The aim of the workshop was to connect sport, with active recreation leaders and providers, discuss issues facing the sector, and create a culture of continuous learning and improvement.

23 delegates attended the forum, with each contributing ideas on how to collaboratively build a capable and sustainable sporting system in Manawatū. Sport Manawatū outlined how the sport system is changing, that sport providers must think differently about the value of their product, and consider future value proposition models based on the needs of participants.

Feedback from delegates was positive, with sport providers wanting to meet regularly, share successes, and build collegiality across the sector to address future trends.

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## REGIONAL CAPABILITY

Understanding the needs of regional sport organisations, providers, and clubs is essential for the stability and sustainability of our sporting workforce in the Manawatū.

### OUR WORK IN THIS AREA OVER THE LAST 12 MONTHS HAS INCLUDED:

- We have seen participation increases across gym sports, rugby, rugby league, swimming, mountain biking, and badminton.
- We are addressing sport equity and bias in the Manawatū region, to balance the needs of providers who are trying to keep participants engaged in 'seasonal' sports for 12 months each year.
- We are working with volunteer boards who are managing paid employees. We help them understand their responsibilities under the new health and safety requirements.
- The regional sporting trends document created by our Insights Advisor, is helping us to monitor future trends. This document holds the membership, participation, coaching, and volunteer data for all sports, and graphs trends over many years.
- Sport Manawatū has a shared services agreement in place with Basketball Manawatū. The key aspect of this agreement is the management of staff, which includes the Basketball Events and Competition Manager role, with an additional role expected to be appointed shortly. This arrangement enables the board of Basketball Manawatū to focus on their strategic direction and priorities. Basketball Manawatū will also utilise our support services, which includes financial, communications, marketing, reception, and coaching support.
- We are developing a provider survey to assess anonymous feedback on key areas of a particular sport. We will use this information to help engage and encourage sport providers to think about areas for improvement. We want to create a culture of continuous improvement.



## CAPABILITY CONTINUUM

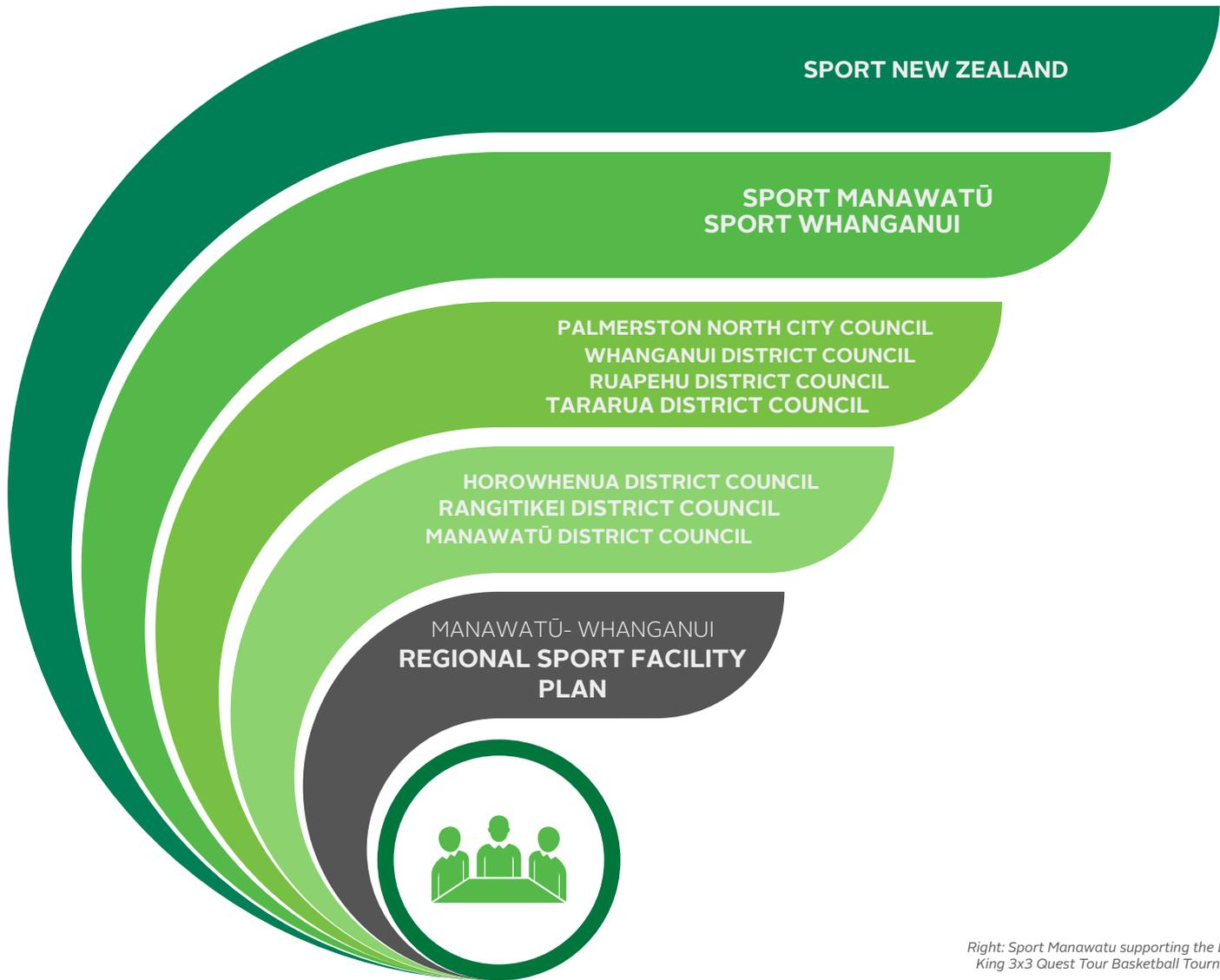
The Capability Continuum was completed in 2016 by our Insights Advisor, involving interviews and reviews of key strategic documents. This process highlighted common areas where we could improve efficiencies through organisational capacity and capability building. The Capability Continuum allows us to think strategically about how we can best support our sport providers.

A report has since been developed for each sport, which outlines priority support areas, specifically relating to strategic planning, governance, planning, and workforce development. The information enables us to make decisions based on available resources, influence, and partnering potential. We are developing a communications plan that will provide a framework on how we share the results with sport providers, and how we will shape a support plan.

Feedback for the continuum was received from: rugby, bowls, cricket, hockey, canoe polo, triathlon, badminton, running, football, softball, netball, basketball, squash, golf, touch, gym sports, tennis, rugby league, and athletics.

We will go through the results with each of our sport providers to detail our level of support. The second step is to develop a letter of engagement which will outline how we can work together to achieve mutually agreed outcomes.

Lorraine Vincent from Refresh Biz was contracted to deliver a series of training sessions to help the boards from Basketball Manawatū and Netball Manawatū to understand their purpose and responsibilities from a governance perspective. Feedback on the training sessions from the respective boards has highlighted the need for ongoing support of the chair and deputy chair. We are working with Lorraine on possible options and approaches for this to happen.



*Right: Sport Manawatu supporting the Burger King 3x3 Quest Tour Basketball Tournament*

# REGIONAL SPORTS FACILITY PLAN

**T**he Manawātū-Whanganui Regional Sports Facility Plan provides a high level strategic framework for sport and recreation facility planning across the region. It provides direction on what should be done and crucially, what should not be done. The strategy is designed to focus thinking at a network-wide sport and recreation facilities level with emphasis on national, regional, and sub-regional assets, while also capturing local level facility data.

A Project Steering Group (PSG) oversees the development of the plan, and includes representatives from the Tararua, Rangitikei, Horowhenua, Ruapehu, Whanganui, and Manawātū District councils, Palmerston North City Council, Sport Manawātū, Sport Whanganui, and Sport New Zealand.

Visitor Solutions has been contracted to establish the plan, with Sport Manawātū providing the coordination between the territorial authorities and Sport New Zealand.

Across the region, 500 facilities have been identified and surveyed across 14 various asset types. The plan incorporates long term plans and national facility strategies; school facilities; drive time analysis; existing assets; population trends; sport trends; and interviews with key stakeholders.

## THE PLAN WILL PROVIDE:

- A facility investment decision process.
- A preliminary funding approach.
- Facility optimisation approaches.
- Priority actions for the region.





# ACTIVE FAMILIES

Engaging whānau and young people most in need of physical activity, sport, and active recreation.

**G**Rx Active Families is a community-based health programme designed to increase physical activity and improve nutrition of children and young people from 4-17 years of age, and includes other whānau members. The programme provides support, guidance, and opportunities for participants to create healthier lifestyle choices through regular physical activity and healthy eating. This is achieved through education, nutritional guidance, goal setting, and ongoing support. Each programme provides support for a minimum of 90 children and young people, and their families for up to 12 months.

Sport Manawatū has been able to successfully engage families and young people in sustained physical activity, using a collaborative approach with key stakeholders, including local schools, community groups, health promoters, and district sports providers.



Active Families Day 2016



Feilding Active Teens



Levin Active Teens Fitness Testing

## HIGHLIGHTS

Active Families expanded its scope over the year to service the entire MidCentral District Health Board region. This includes an area from Otaki (Horowhenua) to Dannevirke (Taranua), and Feilding (Manawatū). The Sport Manawatū Active Families team also nearly doubled the annual referral target of 90, with 175 referrals.

Dannevirke had the highest number of referrals and the highest attendance rate at the Active Teens programme, with 18 teenagers from Dannevirke High School and the local kura. Dannevirke High School was very supportive with the Sports Coordinator hosting the programme at the school gymnasium.

Active Teens in Levin had 12 students, mainly from Waiopahu College, which provides a positive environment and numerous opportunities to play sports.

After a large drop in referrals, the Palmerston North Active Teens and Families programme picked up over the year. The programme increased its number of referrals through the efforts of the Active Families Support Coordinator, who is engaging students with positive results.

Six families graduated in Feilding at the end of 2016 and a new programme began at the beginning of 2017.

We completed a 12-month programme in Shannon with the support of Shannon School and local families.

A new programme started in Otaki with 10 participants.

In December, we hosted the first “Active Families Fun Afternoon and Awards Ceremony” for all our programme participants across the district. Sport Manawatū staff members led activities and participants received graduation awards and spot prizes.

Waiopahu College received the “Active Teens School of the Year” award and Scott Thompson received the “Year On” award for achievements, since his graduation from



Above: Shoe Clinic Palmerston North, provided Ana with new shoes to help her get active.



Above: Ana practising her cycling skills



We don't feel intimidated or embarrassed about trying new activities."

## ACTIVE FAMILIES SUCCESS STORY

### ANAHERA MATTHEWS

**A**nahera Matthews was referred to the Palmerston North Active Families programme in June 2016. Before starting the programme, Ana had never ridden a bike or enjoyed exercise activities. Ana is 1.65m tall and several kgs overweight. At the time of her referral, Ana was just eight years old.

Ana joined the Active Families programme along with her mum (Sue) and her dad (Henry). Ana's healthcare provider was concerned with Ana's accelerated growth and her struggle to manage her weight.

After six months in our programme, Ana has achieved important milestones. She has come to appreciate the benefits of her new active lifestyle after her doctor approved of her progress. "Ana stopped gaining weight and for the first time she actually lost a few kgs. "The doctor is very happy with her progress," said Sue.

Ana keeps flourishing after her inclusion to the programme. She had always wanted to learn how to ride a bike, and as Sue explains: "Ana always dreamed of riding a bike. Unfortunately, neither Henry (who is in a wheelchair) nor I could help her learn, and she is too heavy to learn with training wheels. Lucky for Ana, Marcus, the Active Families Advisor, had the patience and strength to teach Ana how to ride during a cycling session at Active Families. She is now a confident rider who enjoys cycling as a way of staying active.

"Ana is more confident and willing to try new things. We really appreciate that the Active Families programme environment is open and non-judgmental. We don't feel intimidated or embarrassed about trying new activities in front of other people... we are all in the same boat."

# ACTIVE TRANSPORT

**T**he Grade 1 Cycle Skills Training programme trains cyclists to be in full control of their bicycle in non-traffic environments while travelling in straight lines and manoeuvring around objects. The Grade 2 programme has cyclists riding on the road, using hand signals, positioning themselves correctly on the road when changing direction, and understanding and applying the road rules.

This year we have built on previous successes with the Grade 2 programme being delivered to 20 schools in the region. To ensure that people of all ages use cycles as the preferred mode of transport for their journeys, we have been connecting cycling with our adult population.

This year we have run Cycle Maintenance Workshops at Massey University and held some lunchtime rides for Massey University staff with training on how to cycle as a commuter. Massey University now has a cycling advocate, who has been organising regular rides and workshops.

We have also been running cycling sessions for intellectually disabled adults, supported by Idea Services Manawatū, for recreation and ultimately for transport.

Along with Red Cross, Sport Manawatū's Active Transport Advisor has been working with groups of refugees to help them develop the skills required to cycle

on our city streets and get an understanding of the road rules so that they remain safe on the roads.

As part of the cycle skills programme in schools we aim to involve and engage parents so that they support and encourage their children to ride to school.

We also work with teachers to ensure they have the tools to develop the skills of their students right up to Grade 2.

## HIGHLIGHTS

- Approximately 450 primary school children completed a Grade 1 Cycle Skills programme.
- More than 970 primary school children completed a Grade 2 Cycle Skills programme.
- Seven adults with intellectual disabilities are receiving ongoing Cycle Skills training.
- 32 refugees from four ethnic groups have received Cycle Skills training.
- More than 40 teachers have had support in delivering Cycle Skills to primary school children.
- 22 staff members from Massey University have attended workshops on cycle maintenance and cycling commuting skills.

*Below: Active Families Bike Safety lesson*





# COACH CAPABILITY

Building a world leading coaching system that enables coaches to meet the needs of community sport participants in the Manawatū.

## COACHING COLLEGE

Sport Manawatū outlined a new concept in December 2016 that supported the development of local athletes, coaches, and officials. We contracted Wayne Goldsmith, a leading high-performance coach consultant to assist with the inception of a Coaching College concept aimed at connecting and supporting local talent so they can compete on the world stage. A coaching and talent strategy has been developed to help shape our approach to building a world leading coaching system.

Sport Manawatū also delivered two new initiatives this year: the Community Coach Advance programme (CCA) aimed at coach delivery and the coach in-depth; and the Coach Developer Training (CDT) programme, aimed at helping more experienced coaches to upskill other up and coming coaches.

- CCA programme has 11 participants, representing hockey, basketball, cricket, rugby, badminton, and roller derby, involved with the programme running over a two-year period.

Year one is workshop-based; year two is observations in context (watching them coach out in their environment).

- The Coach Developer workshop was attended by coach developers from hockey, netball, rugby league, special Olympics, and badminton.

## COACHING IMPACTS IN OUR REGION

In the past year, the Coach Capability Advisor has been involved with:

- Delivering seven “Grassroots Coaching Course” sessions, upskilling 113 participants representing hockey, squash, Special Olympics, UCOL, Longburn Adventist College, and College Street Normal School.
- Delivering an interactive learning session at the Central Region Coach Developer course involving the Regional Sports Trust cluster and NZRFU staff at the Sport and Rugby Institute.
- Facilitating two masterclass coach education sessions attended by 36 coaches from a range of sports, including NZDF national team coaches.
- Delivering a ‘How to Create a Learning Environment’ and how to be an ‘Athlete Centred Coach’ seminars to Hockey Manawatū representative coaches. Both initiatives teach coaches alternative ways athletes can learn within different environments.
- Facilitating two CoachPlus lunches involving 14 Coach Developers representing six Regional Sport Organisations (RSOs).
- Delivering a ‘Managing a Sports Team’ workshop attended by 11 current and would-be sport team managers, ranging from primary and secondary school teachers through to club level.



## COACH DEVELOPER TRAINING PROGRAMME

Coaches help more people play sport, more often and with greater success. Increasing the number and improving the quality of coaches is therefore critical to growing participation and membership in local sport and recreation clubs. Sport Manawatū has created the Community Coach Advance programme and the Coach Developer Training programme (CDT) to help grow coach capability in the region.

The CDT programme is designed to provide regional coach developers with the necessary skills and knowledge to enable them to effectively go about growing and supporting coaches at club and school level. It is based on the Sport NZ CDT programme, which will ensure continued best practice in coach education, delivery, and development. This will in turn improve the number and quality of coaches, as well as help coaches to provide fun, safe, and quality experiences for participants.

A Sport Manawatū CDT workshop was held over one and a half days. Regional Sports Organisations (RSOs) and clubs from all sporting codes were invited to nominate coach developers, or potential coach developers, onto

the programme. A total of seven participants were involved, from badminton, rugby league, netball, hockey, and Special Olympics, and included two Sport Manawatū advisors.

A Triversity review (three-way feedback loop) was undertaken to identify what impact the CDT workshop achieved, and the feedback was extremely positive. When asked if the programme was contributing to personal growth, a participant said “Yes, definitely, I was out of my comfort zone but in a positive way. We had to act so quickly in situations; there was no time to worry about getting it right, wrong or being nervous”. Another participant was asked if they were able to use what they had learnt easily and if they had implemented the learnings yet. They responded: “Yes but I haven’t yet, I have planned it for an up-coming session and it has really challenged my patience in a good way.”

The initial workshop will be followed up with three further interactive sessions, involving mentoring, and the opportunity to engage in other professional development opportunities. The Coach Developer learning model will be used as a way to engage coach developers in self-directed learning, as well as encouraging and facilitating more cross-code collaboration opportunities.



Above: Bhutanese Community Football Tournament prizegiving.

## COMMUNITY-LED DEVELOPMENT

In March 2017, members of the Bhutanese refugee youth community approached Sport Manawatū, initially asking for support to help fund resources including balls, equipment, coaches, and referees to enable them to host a community football tournament.

**T**he group were also keen to identify suitable premises to allow them to organise football fixtures. As a result, Sport Manawatū together with Central Football have begun to look at options.

Sport Manawatū has met with the Bhutanese community and now better understand their culture, community structure, and aspirations.



Above: Bhutanese Community Football Team.

### THIS HAS LED TO:

- Engaging with Central Football.
- A Palmerston North Bhutanese community football tournament.
- Scoping the possibility of a Bhutanese Sport and Recreation committee.
- Meeting with Terrace End School for use of its school grounds as a community centre.





Feeling GRx Aqua Session

Above: Water Aerobics GRx Class

## GREEN PRESCRIPTION (GRX)

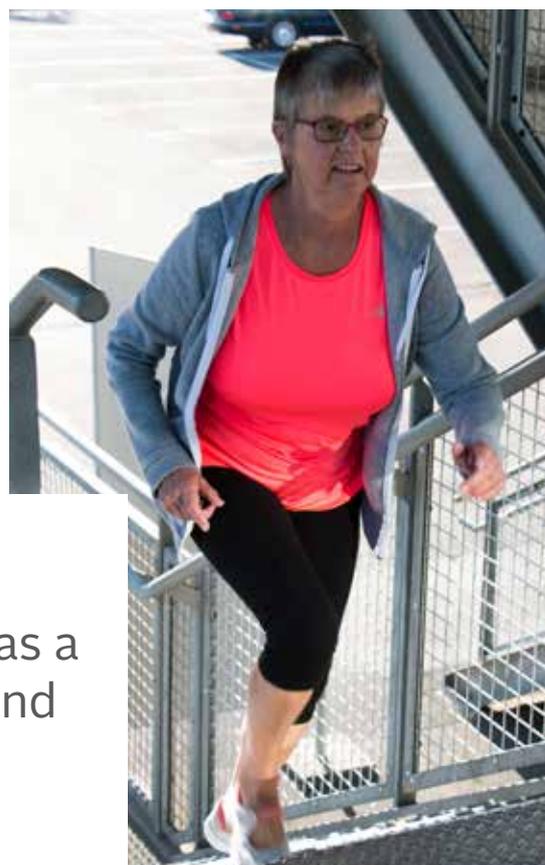
Supporting those most in need of physical activity Green Prescription is a MidCentral District Health Board funded programme aimed at engaging inactive people over 18 years in sustainable physical exercise.

**P**rogramme participants are supported over 10 weeks, and develop the skills to implement positive nutritional health and lifestyle choices.

Over the last year we have seen great success with our participants and several have been successfully integrated into sports clubs and local sporting events. We had several participants engage in the Whānau Tri programme/event, become club members of local Petanque clubs, and take part in local social sporting leagues (such as squash, badminton, and netball).

Over the 2016/2017 year 1,562 participants living in the Horowhenua/Manawatū/Tararua regions actively engaged in the GRx programme. They gained exposure to a range of community facilities, were provided with health education and nutritional guidance, and were prescribed appropriate exercises that supported positive lifestyle outcomes.

The integration of new programmes (alongside our 'community' classes), such as 'workplace', 'mums and bubs', and the 'migrant' GRx programmes have proven to meet the needs of the wider community. Each programme applied



Pictures: GRx Classes in Action



We see the Green Prescription programme as a 'sure thing' in educating and encouraging wellbeing”

**HERE ARE A FEW COMMENTS FROM SOME OF THE PARTNERSHIPS WE HAVE ESTABLISHED:**

"The MASH Trust Mental Health & Addictions Recovery Service partnered with Sport Manawatū's Green Prescription programme to figure out a way that we could work together. Nutrition is one of the key factors in relapse prevention when in addiction recovery, and exercise plays an important role in an overall healthy lifestyle and physical health and also provides distraction and prevents boredom in recovery. The Sport Manawatū GRx team embraced the opportunity to tailor a programme that would work specifically for this group of people who are often stigmatised by society. Their enthusiastic approach and interaction with the people that MASH supports were very much appreciated by both staff and those in recovery. The team have fully embraced the Green Prescription Programme and all of the people in residential rehabilitation look forward to attending the programme every week. They are gaining valuable insight into their physical health and it is providing them with the opportunity to connect with healthy supporters in the community, which they have lacked in the past to support their recovery journey."

**Stacey Greaney** - Senior Administrator MASH Trust.

"There has been a lot of hype with the introduction of the Green Prescription programme to FOODSTUFFS call centre staff.

Our staff/team have discussed the benefits that this programme has offered from education to participation within a group forum.

The programme has also encouraged team members to participate in more activities outside work and also stepped up awareness of food nutrition and wellbeing.

We see the Green Prescription programme as a 'sure thing' in educating and encouraging wellbeing throughout our office/team and we have seen positive changes with individuals."

**Charles McFadyen** - Duty Manager, FOODSTUFFS.



Above: P23 Healthy Nutrition presentation

# GREEN PRESCRIPTION (GRX) SUCCESS STORY

**GREEN PRESCRIPTION MIGRANT 5-WEEK PROGRAMME.** The GRx team again united with the Manawatū Diabetes Trust to deliver a 5-week GRx/Healthy Lifestyle programme to the local refugee learners at the English Learning Partners (ELP) – Palmerston North school.

**T**he Red Cross told us of the need to support migrant refugees in the Manawatū and provide them with support and education to adapt to the kiwi way of life through healthy lifestyle choices. About 70 refugees participated in the programme.

Catherine Taylor from ELP commented: “We have had great feedback from the classes regarding the exercise and healthy food components of the programme. Some learners have definitely taken on board the information and are actively implementing changes to diet and lifestyle. Many of the learners have also indicated that they wish to take part in the ‘2017 Super Sevens Summer Walking Series’ and the ‘ETHKICK 2017’ Football Tournament”.

In February 2017, we re-visited this group to deliver two refresher courses to see if our programme had helped them in adapting to the Kiwi way of life and

implementing healthy lifestyle changes. It was very pleasing to see that they had taken on board the information that we had shared and had shown how they had made some positive changes. Some of the reported changes were growing their own fresh produce, integration into local sporting events (such as Ethkick and Super Sevens Walking event), and starting up their own group exercise classes (Tai Chi, walking, and resistance bands). This group has been a real delight to have worked with. Their positive way of thinking and openness to change is a great asset to them all. We look forward to watching their progress and seeing them continue to participate in local sporting opportunities.”

The Sport Manawatū Health team thoroughly enjoyed working with the group, whose members were very receptive. They always greeted us with a smile and a willingness to give new things a go.



Below: GRx Migrant 5 Week programme



## BRYDIE O'DEA

**B**efore going on the GRx programme Brydie was exercising 'at best once a week (attending an aqua aerobics class), and at worst the 10-minute walk from my car to work and back each day.' After talking with a fellow participant in her aqua aerobics class (who mentioned the GRx programme), Brydie approached her nurse Andrea Ropiha (Cook St Health Centre) about being referred.

"Being overweight, feelings of lethargy, and not participating fully in my life were all motivating factors to get involved with the GRx programme. My general wellbeing was poor and this was impacting on my relationships, work, and mental health. I knew that I needed to take some action and after talking to my GP about being referred and then attending the first GRx induction session I knew that this was what I needed to get me on track with my health and fitness goals. What really appealed to me about the programme was having access to a range of health professionals, meeting like-minded people wanting to make lifestyle changes and trying new ways to exercise."

After successfully completing the 10-week GRx programme, Brydie has gone from having a general state of "poor health, swollen feet due to inactivity, always tired, and downing antacids like lollies because of terrible meal choices" to enjoying her exercise and reaping the health benefits associated with this. "I now exercise five days per week and the variety of exercise that I do (gym, aqua, netball) is making it easy to maintain."

The benefit that Brydie has noticed most is "...increased energy. The class structure/content followed a health-based focus which taught me about healthy eating choices (reading food labels, good/bad fats), benefits of exercise, which made me feel more empowered to make better choices. I have learnt that the long-term benefits of exercise just do not stop at me; they flow on to my family/friends. I have also learnt that sharing my journey with others who are supportive helps me stay positive and mentally strong to deal with everyday stresses and irritations."

When asked what she liked best about the programme she responded "...the people. The facilitator is great at bringing people (experts/participants) together in a non-judgmental and encouraging way; how easy is it to participate; the number of exercise options available; and hearing about and having access to different events in the community.

The GRx programme has exceeded my expectations with regards to access to learning, information, and encouragement."

In regards to Brydie's future exercise goals she comments: "I've started as I mean to continue. I will continue to utilise the knowledge, remain involved in GRx activities, and will join CLM."

"Brydie has a smile that is contagious. From the first day that we met her she has had a great attitude about making positive changes to her lifestyle. She has taken on challenges and she has taken charge of her health. It has been great to have Brydie as a part of our programme and to see her flourish within the class environment," said Katrina Gemmell (GRx Advisor, Sport Manawatū).

*Below: Brydie O'Dea in action at Whānau Tri*





Above: Kiwisport participation project at Colyton Primary School

# KIWISPORT

## THE KIWISPORT FUND ALLOWS SPORT MANAWATŪ TO INFLUENCE THE RANGE AND QUALITY OF SPORTING PROGRAMMES IN OUR REGION.

**T**he programmes range from fundamental movement skills, increasing sporting opportunities, and skill development with the desired outcomes being more opportunities for children to participate in sport and join sporting organisations. We have provided \$250,032 this year, through the Large Fund, the Small Projects Fund and the Secondary School Fund. 12 new projects throughout Manawatū, Tararua, Horowhenua, and Palmerston North with a total of 4,619 participants received \$132,534 from the Large Fund. In addition, 25 smaller projects were funded for \$46,398 through the Small Fund, including 3,862 participants.

The Secondary School fund approved 10 projects totalling \$71,100. These included assistance with travel costs for competitions, increasing extracurricular opportunities for non-engaged students, and volunteer development. With KiwiSport taking place out of curriculum time, it is important we support our codes and clubs by adjusting their programmes to meet the needs of the children, especially the low participation groups.



Above: Horowhenua Kapiti Cricket Female Programme Participants

# HOROWHENUA KAPITI (HK) CRICKET

## HOROWHENUA FEMALE CRICKET PROGRAMME

**T**his six-month project focused on engaging girls in Cricket. The need was identified due to HK cricket having three female players aged under 18 in their current set up.

The project aimed to be fun and inviting where the girls learned new skills, played games, and made new friends. A female Development Officer was employed to deliver this project, giving the girls a role model.

The weekly sessions were attended by 15-20 girls and, as a result, a holiday project was included, to ensure the girls had the opportunity keep engaged and active. 30 girls regularly attended the holiday project, with a White Fern and three Central Hinds players assisting with the sessions.

HK's first ever hardball female team is a direct result of this project. The team played in a tournament in Levin with two fixtures. The day was a great success for the newly established team, with the girls playing the local boys' teams and enjoying their new sport and the competitive aspect. HK hosted a female cricket school game with Levin Intermediate School playing Koputaroa Intermediate School.

The aim is to continue building on this foundation next summer with the long term goal being to field enough girls' teams to play in their own tournaments. There is now a buzz around Levin, with more girls knowing there are opportunities for them to join this newly established team.



Above: Liam Brown in action

Name: **Liam Brown**

**Sport/ Position:**

Track Cycling – Sprinter- Sprint/Keirin/Team Sprint

**Major Career Highlights**

- 2015 International Track Series Adelaide
- Finished the U19 Men's Sprint event in 5th place
- 2016 Oceania Track Cycling Championships

## PATHWAY TO PODIUM (P2P)

Liam's performances have improved so much on the track and in his off-field training that Cycling NZ invited him to train at the home of cycling, the Avantidrome, just 15 minutes south of Hamilton. Liam attributes a lot of his success to being a part of the Manawatū Pathway to Podium (P2P) programme and using the knowledge he acquired through the athlete seminars influencing his athlete lifestyle.

The Pathway to Podium (P2P) programme has just concluded its third year with 17 athletes across seven sports being involved. The programme aims to prepare selected regional athletes for high performance life. The programme is currently in its fourth year and has 12 athletes, including participants in two new sports: swimming and athletics. The programme continues to be very well received by athletes, coaches, regional hubs, and National Sporting Organisations (NSOs). It covers specific topics relevant to athlete self-awareness and performance, including: athlete life (everything to do with life outside of sport); performance psychology; nutrition; and strength and conditioning.

**P2P athletes include:**

1. Abigail Long – **Equestrian**
2. Amber Phillips – **Football**
3. Antonia Hei – **Netball**
4. Bonnie Farrant – **Equestrian**
5. Corineke Windle – **Women's Rugby Sevens**
6. Emily Sherman – **Cycling**
7. Francesca Silver – **Equestrian**
8. Jaimee Leader – **Triathlon**
9. Joel Yates – **Cycling**
10. Kate Stewart – **Cycling**
11. Lauren Balsillie – **Women's Rugby Sevens**
12. Liam Brown – **Cycling**
13. Lizzie Stannard – **Triathlon**
14. MacKenzie Wilcox – **Men's Hockey**
15. Pippa Norman – **Women's Hockey**
16. Rebekah Tufuga – **Women's Rugby Sevens**
17. Robert Stannard – **Cycling**

# PHYSICAL LITERACY

## IN 2014 SPORT MANAWATŪ INVESTED IN SPORTSTART, A PROFESSIONAL DEVELOPMENT PROGRAMME FOR TEACHERS DEVELOPED BY SPORT CANTERBURY.

**T**he programme continues to this day with the objective of developing teachers' competence and confidence in delivering quality Physical Education lessons that align with the physical literacy approach. The programme is focused on what physical literacy is, how it aligns, how it can be implemented, and the ongoing support and development each school requires to meet the needs of their students/staff. Depending on school needs the programme has three stages:

1. A full day workshop attended by key/lead teacher/s from the school.
2. An in-school workshop for all teachers at the school (can either be generic or unit specific).
3. In-contextual development sessions – observation and feedback sessions with PE teachers.

This year we have run: two full day workshops attended by 34 teachers; 17 in school workshops attended by 251 teachers; and 121 teacher observation sessions, reaching approximately 3,500 students.

Survey results indicate that all participants either “agree” or “strongly agree” that they have a greater understanding of the programme and the impact that the physical literacy approach can have on participants. All participants either “agree” or “strongly agree” that this approach will make a positive impact on the work they do in PE.

The qualitative feedback has indicated that participants see value in workshops and training but require more one-to-one support and professional development opportunities in this space. They would also like more follow up visits where observations and feedback can be given.

Previously the approach used has been, ‘the more the merrier’, but this has limited Sport Manawatū’s ability to provide quality follow up support. Unit specific workshops in schools have been popular and well received. We will now take a more targeted approach, which will focus more on the one-to-one sessions with teachers.

### Student's comment

*I don't normally like sports but I've been enjoying practising fielding and hitting the ball into space. I still need a little help with getting onto it. I actually love it. There is a lot to think about.*

### Teacher's comment

*I have really enjoyed taking the children for PE. I'm not very sporty and I used to just take them out for a game.*

**Quote from a Junior teacher at Aokautere school**

As a result of the workshops two schools, Parkland and Tiritea, have changed their approach to cross country training. Instead of the sending students out running around the field, a more holistic approach is now being taken whereby students play games that will improve fitness levels. At the end of the investment cycle evidence of success will be that, on average, teachers/schools are more confident and willing to take on a holistic approach to PE delivery, where there is a focus on: participants' cognitive; physical, social and emotional; and spiritual well-being.



Above: Secondary School Sports Coordinator Forum

# SECONDARY SCHOOL

## SPORT COORDINATORS

Secondary School Sport Coordinators meet six times per year. Meetings are held at local high schools and include tours of the sport facilities and offices. The three main objectives for the meetings are:

- Building relationships within the Sport Coordinators' network.
- Using the knowledge and experience of our senior Sport Coordinators to problem solve.
- Professional development for the Sport Coordinators.

## PRINCIPALS' GROUP

The Principals' Group also meets six times throughout the year to discuss the governance of sport in the secondary school sector. A highlight of 2017 has been the meetings flowing on from the Central District Principals' Group, which has increased attendance. At these meetings, current issues are discussed such as drug use in secondary school sport, side-line behaviour, and volunteer recognition. Specialty topics such as use of video technology in sports i.e. Glory League, are also discussed. Furthermore, in separate meetings advice is offered on recruiting and retaining effective sport coordinators.

The Sport Manawatū secondary school sport advisor also works alongside principals, sports coordinators, and volunteers to develop and update the secondary school strategic sport plan.

## STUDENT LEADERSHIP COUNCIL

In early 2017 a Student Leadership Council was formed, with schools invited to nominate, where possible, a Year 10 boy and girl to the council. We plan to run the Council alongside a leadership programme, and believe that Year 10s would be the best age-group for this opportunity so as to not conflict with heavy NCEA study requirements.

The two key outcomes of this Council are to:

- Equip the students with leadership knowledge and skills prior to senior school, where they will not only be expected to have this capability but will also be presented with opportunities to utilise it.
- Give feedback to Sport Manawatū about their secondary school based events, enabling us to utilise the student voice.



*Above: David Olivier: Principals Sport Group Chairman*

Queen Elizabeth College, Palmerston North Boys' High School, Palmerston North Girls' High School, and Cornerstone Christian School all have students on the Council.

This initiative has stemmed from the leadership pillar of the Strategic Plan which was presented at a Principals' Group meeting.

The leadership programme is designed to give students knowledge and experience in understanding and practising leadership within a wider sporting context.

We have held workshops for the group which has focused on student-led leadership inquiry. Venues have included, Sport Manawatū, Youth Space, the PNCC Library, and the Sport and Rugby Institute, Massey University.

We have completed 15 sessions and the students have begun work on an idea around an inter-school mixed tournament for students not already involved in sport. This idea stemmed from a day trip to the current inter-secondary school cross-country championships where the students evaluated the event.

*Below left: Student Council volunteering at the MISSA Cross Country.*

*Below right: MISSA Cross Country in Action.*





Above: Faenza Kokiri stoked after completing the Whānau Tri

“ It has been exciting to see our Whānau Tri participants embracing other events. Participants’ confidence is crucial to their success. They have the belief that they ‘can do it’ all in the spirit of whānau engagement with sport and recreational opportunities”.

**Taylor Hakaraia-Woon,**  
**Sport Manawatū Active Communities Advisor.**

## WHĀNAU TRI TRAINING PROGRAMME

The 2017 Whānau Tri 10-Week Training Programme used the tool of triathlon to challenge whānau and take them on a journey to a healthier lifestyle.

**T**he Whānau Tri 10-week training programme exceeded its target number participants with 210 registered participants. 50% of the 210 registered participants identified themselves as of Māori or Pacific Island descent.

‘Whanaungatanga’ (creating relationships) and being able to participate in the Whānau Tri 10-week training programme as a whānau were key draw-cards for many. A first-time participant was quoted saying: "The whole idea of doing this with your whānau won it for me. What a great opportunity to do something with them".

Highlights included the numerous successes that our participants experienced after the Whānau Tri event. This includes engagement with local sports clubs and events. The positive impact of our programme is reflected in the 40 participants registering for the Hawke’s Bay Quarter Iron Māori event in November.

Māori and Pasifika whānau members with chronic illnesses, or an at-risk profile for diabetes or cardiovascular disease, including clinically obese people and those inactive for some time, are still our primary target group.

Recruiting participants on the programme did not prove difficult, as there is a significantly high population of Māori and Pacific Island people in the Horowhenua, Manawatū, and Taranaki regions.

We still continue to find that a holistic view of the Whānau Tri 10-week training programme, called *Te Whare Tapa Wha*, is an effective way to engage whānau. Its viewpoint, which states that in order for one to be truly healthy one must have an equal balance between the four dimensions of health: Taha Tinana (Physical health); Taha Hinengaro (Mental health), Taha Whānau (Social health); and Taha Wairua (Spiritual health).

This holistic viewpoint has a cultural background as it is a Māori philosophy that is based on the Whare nui (meeting house) and the four walls that keep it standing; if one side is weaker than the other, the house will be uneven and fall. Like health - if one dimension is weak then one could be deemed as not fully healthy.



Above: Katarina Daly, Miriama Mathews, Letia Toleafoa, and Kim Topia with Taylor Hakaraia- Woon (Active Communities Advisor)

## WHĀNAU TRI

Sport Manawātū, with the help of our stakeholders, created a festival-themed event/day that gave whānau the opportunity to celebrate what they had achieved from the 10-week training programme and participation in the event.

**T**his year's event attracted 507 entrants, 79 of whom were tamariki. Sport Manawātū made a conscious effort to advocate healthy food messages on the event day, by providing water (no sales of sugary beverages) and free fruit for participants. We also selected vendors that would support healthy food choice options.

### SUCCESS STORY:

**KATARINA DALY, MIRIAMA MATHEWS, LETIA TOLEAFOA, KIM TOPIA (LEVIN GROUP)**

**K**atarina, Miriama, and Letia are all part of a women's group that is associated with the Muaupoko Trust (Whānau Ora). They first heard about the Whānau Tri training programme through Kim Topia (who works at the Muaupoko Trust). Kim wanted to help support these women to become more active and live a healthier lifestyle, while also getting back into exercise herself. For Katarina, Miriama, and Letia, it was about becoming role models for their own whānau, as they wanted to inspire their tamariki to have healthier and physically active lifestyles. Kim transported these women each week to the training classes (along with their tamariki), which eliminated barriers and proved to be a great motivating strategy to keep the group united and focused on their goal of participating in the Whānau Tri.

Katarina, Miriama, and Letia all suffer from anxiety, so going outside their comfort zone and attending the training programme was a huge step in helping them overcome this. The Whānau Tri programme ended up being a rewarding experience for them all and doing it together definitely helped them all through the 10 weeks.

Letia commented: "Prior to the programme, I had lost all motivation to get into exercise. It just wasn't something I wanted to do, and when I did try to do it, it put me in an uncomfortable place, so I just never did it."

The women have found that participating in the Whānau

Tri training programme has not only motivated them to make positive changes to their lifestyle, but they have seen how this has had a positive impact on their whānau. Katarina said: "With whaea Kim motivating us every week to come along to the programme, it opened my eyes to why we needed the programme. It showed us that the programme would benefit more than just our physical health, but also our mental health, whānau health, and spiritual health. This was definitely something I needed. It helped me change my focus and motivation. This was something that would empower me and help me to be a better role model for my kids."

Kim said she saw a great change in the motivation of the women: "Seeing them step outside their comfort zone and commit to attending every week of class was very inspiring, especially since I knew their backgrounds and the struggles they were dealing with. Taylor catered for these wahine positively. This is something that nobody has ever managed to have done before."

Miriama said: "The programme and the exercise sessions were difficult but a good challenge. It made me feel like I had achieved something and made me more determined to try even harder as we progressed through the weeks of training."

All of the wahine within this group have become more active since engaging with the Whānau Tri training programme. They are now exercising at least 45 to 60 minutes a day and getting their whānau involved. The next step that they are considering is to join the Tri Taitoko in Levin. This is the local triathlon training group that helps support people within the community to prepare for triathlons or sporting events.



Above: Ruth and Ross Youle in action at Whānau Tri

“ I went home after the GRx programme and said to Ross (my husband) that I’m doing a triathlon training programme, do you want to join me?”

## WHĀNAU TRI SUCCESS STORIES

### RUTH AND ROSS YOULE (FEILDING GROUP)

**R**uth first began her health and fitness journey with the Green Prescription programme (GRx). This was initiated after a visit to her doctor and being told that if she didn’t become more active she would find herself wheelchair dependent. Her doctor then recommended the GRx programme to help provide the support and guidance that she needed to get back on track. After successfully completing the GRx programme Ruth was presented with a new challenge – the Whānau Tri training programme. Ruth said: "I went home after the GRx programme and said to Ross (my husband) that I'm doing a triathlon training programme, do you want to join me?"

"Ross was very supportive of Ruth and her intention to engage in the Whānau Tri programme. He said: "I have stayed relatively active since the GRx programme, as I walk a lot, but I hadn’t ridden a bike for who knows how long! But I was up for the challenge. Ruth was very keen and eager to complete the programme so I wanted to support that movement so I jumped on board too."

Both Ruth and Ross have found that after completing the Whānau Tri event that their love for cycling has now become somewhat of a hobby. They go to Foxton Beach every weekend to go cycling. Ross commented: "I didn’t know how much I would enjoy cycling; I walk a lot but cycling just takes a bit more pressure off of my joints so I really enjoy it."

Before the GRx and Whānau Tri training programme, Ruth struggled to walk to the letter box: "Every day I would walk out to the letter box (which is only about 30 metres away from the house) and I would be out of breath. I would need to wait at the letter box for a second before returning back to the house. I would be absolutely knackered."

Since completing the Whānau Tri training programme, Ruth has found that her entire personality has changed for the better. Ruth comments that her "self-esteem and confidence wasn’t very high but since being a part of the programme this has all changed. I have met such lovely people who have helped me to be more confident and to believe that I can do anything I set my mind to."

Ruth and Ross are going to participate in the Te Apiti Whānau Challenge and find some cycling routes within the Manawatū area that they can do together.



Above: Mel Willis (2nd rider on the left) completing the cycling component of Whānau Tri



Above: Mel Willis with Whānau Tri Training programme

“ Achieving what I have in terms of positive health outcomes has given me the motivation to continue my healthy active lifestyle”.

### MEL WILLIS (PALMERSTON NORTH GROUP)

In mid 2016 Mel started to think about setting some health and fitness goals. "For the last 21 plus years, I have been so focused on my family that I forgot about myself. Mid-way through last year I decided that it was time that I started thinking about myself and prioritising my health and wellbeing." Mel actioned this decision with a self-referral to the Green Prescription programme, where her journey for better health began. After successfully completing the GRx programme, Mel was presented with a new challenge – the Whānau Tri training programme. Mel said " 'Because it was a 10-week programme (similar to the GRx programme) I felt more accountable about committing and attending every week." Mel began the Whānau Tri training programme in the October intake and attended 19 out of the 20 training sessions offered.

Prior to Mel's engagement with the GRx and Whānau Tri training programme, she was overweight, had high blood pressure, and was pre-diabetic. "I must admit that coming along to the first week of class was daunting so I ended up roping in my friend into doing it with me." Mel was glad that the age diversity at the programme wasn't predominantly young as that would have scared her away.

After completing the first 10-week training block, and in between the Christmas break, Mel took responsibility for continuing her training through the festive season. She found that within this period she managed to work on her confidence and showed determination in not wanting to take a backward step after all the work she had put in.

Mel successfully completed the second 10-week programme and went on to complete the Whānau Tri Event. She now has a blood pressure of 130/70 (back to normal range), she has lost weight (she began at 98kg and is now 89kg), and her HBA1C has improved (initially 42 and is now down to 39, which puts her out of the pre-diabetic range).

She credits her improved health to the changes she made while on the programme. "Achieving what I have in terms of positive health outcomes has given me the motivation to continue my healthy active lifestyle."

"If I could talk to the week one version of myself, I would tell her to keep at it! Changes won't come immediately but they will come with time and persistence. Don't look at success from weekly results. Just keep focused on the end goal and keep on the training path and do the best you can."

Since completing the programme Mel's overall personality has become more positive and she has gained the self-confidence to give anything a go.

# WORKFORCE CAPABILITY

Sport Manawatū is committed to child protection in our region.

**W**e understand the importance of our young people being able to flourish in a safe sporting environment and for our workforce to feel supported and knowledgeable in their positions when working with children and young people involved in sport. We have been approached by a number of sporting organisations for information relating to Child Protection Policies (a requirement we established for KiwiSport applications), and the Vulnerable Children's Act legislation. Sport Manawatū made it a priority to help the codes and clubs who required assistance in this area.

A specialist organisation, the Safeguarding Children Initiative, was contracted to deliver four community workshops. We engaged a total of 94 individuals across 46 different sporting organisations with three-hour workshops. Feedback from the workshop attendees highlighted that two clubs now have a Child Protection Officer, and police are vetting their coaches, while another RSO who previously did not have a Child Protection Policy is now in the process of writing one. RSOs and clubs are now developing and implementing comprehensive Child Protection Policies for their organisation as a result of these workshops.

To ensure sustainability and support in this area, our Workforce Advisor attended a professional development course (Child Matters) to enable us to deliver sport specific child protection training sessions to support building a more capable workforce.

Highlighted below is an example of the impact and value the Child Protection workshop has made on a local sporting organisation.

## Kiwi Canoe Polo Club

"Having most of the committee attending the workshop has given us a shared understanding and focus in this area. We have undertaken a work programme to strengthen our practice and policies around child protection, which has included a club wide memo and distribution of our policies, appointment of a child protection officer, and we are in the process of police vetting coaches. Having a group of us upskilling at the same time has supported us to give clear and consistent messages in this area." - Cheryl Palmer

## Volunteer Recognition

Volunteer Recognition events were held across our region, with 93 volunteers from 59 different organisations recognised through brunches and movie nights. These were a great opportunity to thank our volunteers and also provided a networking and social event. We profiled four volunteers through a nomination process to highlight the great work individuals are contributing to the community. The volunteers received a certificate, vouchers, and recognition on our social media platforms.

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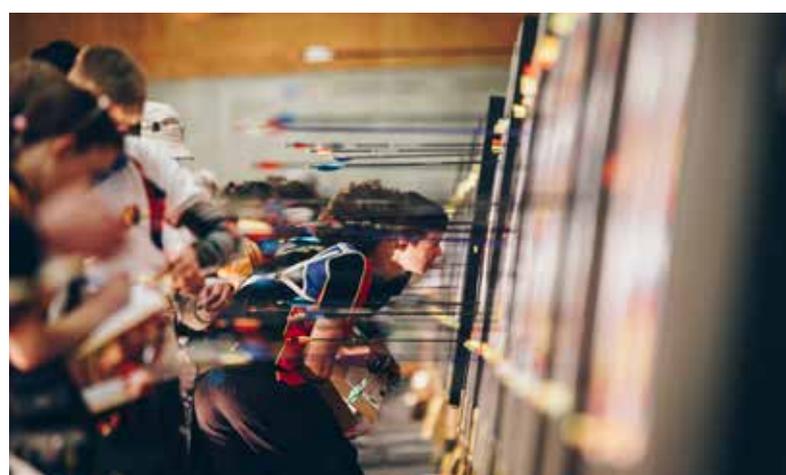
# RUN, RIDE, 'N' SLIDE

Continued increase in participation

**S**port Manawatū continues to engage with the Manawatū District community by assisting with the development of local events to increase participation and community involvement. Some children were often put off participating in a triathlon event because of the swimming aspect, as some felt they were not confident enough in the water. The Run, Ride 'N' Slide event removed the swimming barrier by incorporating a water slide in lieu of swimming in a pool, and allowed children ranging from ages 4 to 12 to participate. The Run, Ride 'N' Slide had an increase in participation numbers from 103 in 2016 to 138 in 2017.



Above: Jess Gates, James (4yrs old) & Ross from Feilding Stihl Shop and Cycles





*Above: Kiri Rimene and whānau enjoying the amazing views*

## MERIDIAN TE APITI WHĀNAU CHALLENGE

Attracting over 500 participants from as far as Wellington, Wairarapa, and the United States, the Meridian Te Āpiti Whānau Challenge event was held on Sunday 23 April 2017 and proved a success with capacity numbers.

**W**hen the Tararua Sport Awards moved to a biennial event, Sport Manawātū was asked to provide a community participation event for 2017, tailored to suit the needs of all ages and abilities.

Participants were thrilled to get up close and personal with the wind turbines and take in the breath-taking views. Special access was allowed through Meridian Energy and private owners' land, which gave people a chance to see some of the hidden gems in the district.

A festival site greeted the participants at the end of their challenge with performing acts, stalls, foods, and a kidz zone, which kept the children entertained.

95% of feedback received was overwhelmingly positive and many indicated they would return should the event be held again. The highlight of the event was the large number of families and children who participated, coupled with a perfect day to showcase the Tararua District.



*Above: Participants of the Meridian Te Āpiti Whānau Challenge*



Above: Burnzee interviewing guest speakers, Campbell Stewart & Amber Phillips



Above: Regional Sport Maker of the Year Brian Curry with Dame Margaret Millard (Eastern and Central Community Trust)

# GRASSROOTS SPORTS AWARDS

The Sport Manawatū Grassroots Sports Awards was a celebration of all those organisations and volunteers (or Sport Makers) who contribute their time to make sport happen.

There was an exceptionally high standard of nominations for this year's awards, with 41 organisational nominations and 57 volunteer nominations received. The major award of the evening (Regional Sport Maker of the Year) went to Palmerston North Athletic and Harrier Club volunteer, Brian Curry. Brian gives an exceptional amount of time and effort in coaching, officiating, and coordinating for the Palmerston North Athletic and Harrier Club. He coaches all year around, including in the school holidays

and very rarely cancels a session. When Brian isn't officiating, he is at the side lines to give advice. Over summer he provides additional sessions for the younger kids of the club and plays a big part in managing and officiating at the weekly club nights during summer, and at local, regional, and national events.

A highlight of the evening was having two of our local New Zealand representative athletes interviewed by the MC for the evening, Burnzee. Campbell Stewart (cycling)

## SUPER VOLUNTEERS 2016

Linda Liggins – **Netball Manawatū**

Chris Paskins – **Palmerston North Golf Club**

John Strawbridge – **Palmerston North Athletics Harrier Club**

Anne Bloomfield – **Netball Manawatū**

## VOLUNTEER (SPORT MAKER)

### Category Winners:

*Behind the Scenes Volunteer:*

**Kylie Jennings**

*Front line Volunteer:*

**Phil Riley**

*All-rounder Volunteer:*

**Brian Curry**

*Regional Sport Maker of the Year:*

**Brian Curry**

## ORGANISATION CATEGORY WINNERS:

*Fundraising Initiative of the Year:*

**SquashGym Palmerston North**

*Best Presented Organisation of the Year:*

**Hockey Manawatū**

*Athlete Development of the Year:*

**Hockey Manawatū**

*Organisation Event of the Year:*

**Athletics Manawatū-Wanganui Children's Committee  
2016 North Island Colgate Games**

*Participation Initiative of the Year:*

**Manawatū Badminton Association**

*Sports Partner of the Year:*

**Café Cuba supporting Marist**



Above left: Leanne Couch presenting an award to Kylie Jennings  
Above right: Leonie Hapeta presenting an award to Darlene Woodhead (Café Cuba)  
Below: Trevor Shailer Speaking at Grassroots Sports Awards





*Above: Trevor Shailer having a video phone call with Eric Murray Olympic Rowing Gold Medalist*

# MANAWATŪ STANDARD SECONDARY SCHOOLS SPORTS AWARDS

The awards recognise achievement and celebrate the success of our student athletes.

**T**he 2016 Manawatū Standard Secondary School Sport Awards were once again held at the Awapuni Events Centre, Silks Lounge, on 26 October. The awards were an opportunity to recognise achievement and celebrate the success of our student athletes. Over 140 nominations were received across 45 sporting codes. 75 New Zealand representatives were awarded their Silver Fern pins.

Some changes were made to the evening, which included theatre-style seating instead of small tables. This meant finger food was served instead of placed on tables. The nominated students were seated in the block near the ramp to the stage which meant a smoother transition.

For the first time, three student volunteers were recognised on the night. The 2016 awards once again showcased our growing talent pool within the region.

New Zealand representatives were awarded their certificates at the same time as their code certificates. In a new initiative the mayors of the Horowhenua, Manawatū, Tararua, and Palmerston North councils signed their New Zealand Representative Letter which accompanied their certificate.



Top Right: Emily Shearman with Darlene Woodhead

Top Left: Campbell Stewart with Andrew Berry (Sport and Rugby Institute)

Bottom Right: Annalise Faint of PNGHS Senior A Squash with Nikita Skipper (MUSA President)

Bottom Left: Olivia West with Toby Morland (Studio Rubix)

## 2016 AWARD WINNERS

### Sport and Rugby Institute Supreme Sportsboy of the Year:

#### Campbell Stewart (PNBHS)

At the Junior World Track Cycling Championships in Switzerland Campbell defended his world title from last year and won Gold in the gruelling 6-race Omnium, Gold in the Team Pursuit where his team broke the World Pursuit Record, and Silver in the Madison. Campbell was also selected to travel and race with the Elite Men's team to the World Cup in Hong Kong. He won silver at the National Road Champs, which meant he later competed at the World Road Cycling Champs in Doha. Campbell was also a finalist in the Emerging Talent section of the Halberg Awards, and Cycling NZ Junior rider of the year.

### Café Cuba Supreme Sportsgirl of the Year:

#### Emily Shearman (PNGHS)

Emily excelled both on the track and the road. She was part of the New Zealand Junior Team Pursuit team that won the silver medal at the UCI Junior World Track Championships, where she also placed 13th in the Scratch Race. Representing New Zealand at the Oceania Track Championships she won the U19 Points Race and Omnium and placed 3rd with the NZ U19 team in the Senior Competition. At a national level, she was a member of the WCNI Team that placed 1st in the U19 Team Pursuit, was 2nd in the U19 Teams Sprint, and 3rd in the U19 Individual Pursuit and U19 Omnium.

### MUSA Team of the Year:

Palmerston North Girls' High School Senior A Squash

### Volunteers' Recognition

Tristin Ireland - Longburn Adventist College  
 Tawhiri Fielding-Richardson - Freyberg High School  
 Paige Fairbairn - Awatapu College

### Studio Rubix Official of the Year:

Girls Award: **Olivia West** - PNGHS  
 Boys Award: **Aydin Partridge-Long** - PNBHS





Highlights from the Central Energy Trust Manawatū Sports Awards

# CENTRAL ENERGY TRUST MANAWATŪ SPORTS AWARDS

The **Central Energy Trust Manawatū Sports Awards** is this region's most prestigious sporting awards event. Held in March the event allowed our sporting community to celebrate and honour the region's highest achieving sports stars.

**T**his year the Awards underwent some significant changes, contributing to the evening's entertainment. The new event layout and atmosphere created an intimate setting, enjoyed by the 360 guests.

We also included a new Disabled category by splitting the Disabled Sportsperson category to recognise both intellectually disabled and physically disabled sportspeople. This was deemed a great development, providing equal opportunity to share in our disabled athletes' achievements.

A highlight of the evening was the attendance of former Palmerston North professional golfer, Grant Waite. Grant shared his experiences about playing on the PGA tour. He touched on what it has been like for him playing golf on an international stage living in America and what it is like to return to his hometown of Palmerston North.

## Highlights:

- Approximately 360 guests attended the awards.
- High profile, former TV3 Sports Presenter Hamish MacKay was Master of Ceremonies.
- There was an extremely high calibre of nominations received.
- There were three Legends of Sport inductees - Aileen Nash, David Craven, and Vern Chettleburgh.
- Sarah Goss was named the Central Energy Trust Supreme Sportsperson of the Year 2016.
- The guest speaker was Manawatū and US PGA tour golf professional Grant Waite.

## Sponsors

Official of the Year	Manawatū Toyota
Administrator of the Year	Devlin Cameron and Hayes
Coach of the Year	Hotel Coachman
Team of the Year	UCOL
Sportsperson of the Year (Intellectual Disability)	Academy Apparel
Sportsperson of the Year (Physical Disability)	Eastern and Central Community Trust
Masters Sportsperson of the Year	Xalt
Junior Sportsman of the Year	ANZ
Junior Sportswoman of the Year	Churchyard Physiotherapy
Sportswoman of the Year	Palmerston North City Council
Sportsman of the Year	Shoe Clinic
Supreme Sportsperson of the Year	Central Energy Trust

# 2016 WINNERS



Devlin Cameron and Hayes  
**ADMINISTRATOR OF THE YEAR**  
Mark Andersen



Manawatū Toyota  
**OFFICIAL OF THE YEAR**  
Gregory Busch



**HOTEL COACHMAN  
COACH OF THE YEAR**  
Wesley Clarke



UCOL  
**TEAM OF THE YEAR**  
Manawatū Women's Sevens Rugby Team



ACADEMY APPAREL  
**SPORTSPERSON OF THE YEAR  
(Intellectual Disability)**  
Jack Lewer



EASTERN & CENTRAL COMMUNITY  
**TRUST SPORTSPERSON OF THE YEAR  
(Physical Disability)**  
Christopher Arbuthnott



XALT  
**MASTERS SPORTSPERSON  
OF THE YEAR**  
Julie Brougham



CHURCHYARD PHYSIOTHERAPY  
**JUNIOR SPORTSWOMAN  
OF THE YEAR**  
Michaela Drummond



ANZ  
**JUNIOR SPORTSMAN OF THE YEAR**  
Campbell Stewart



PALMERSTON NORTH CITY COUNCIL  
**SPORTSWOMAN OF THE YEAR**  
Sarah Goss  
Rachel Goss accepting the award



MANAWATŪ DISTRICT COUNCIL  
**SPORTSMAN OF THE YEAR**  
Hayden Phillips



CENTRAL ENERGY TRUST  
**SUPREME AWARD**  
Sarah Goss

## LEGENDS OF SPORT INDUCTEES



**VERN CHETTLEBURGH**  
Service to sport | Inducted 2016



**AILEEN NASH**  
Golf | Inducted 2017



**DAVID CRAVEN**  
Service to sport | Inducted 2017



**SPORT**  
MANAWATU

EVERYONE ACTIVE EVERYDAY





Opening Ceremony of the New Zealand Secondary Schools Volleyball Nationals 2017  
 Top Right: PNBHS V Rangitoto at Secondary School Basketball Nationals Final  
 Bottom Right: NZ Barbarians National 1st XV Championship Trophy

# SECONDARY SCHOOL EVENTS

Showcasing the Manawatū to New Zealand via exceptional sporting events.

**W**e are proud to be bringing the best and brightest young talent in New Zealand to the Manawatū and showing all that the region has to offer during their stay. Over the past year, the following secondary school (or age group equivalent) championships were held in our region:

- New Zealand Junior Badminton Team Champs
- New Zealand Age Group Badminton Nationals
- New Zealand Secondary Schools Basketball Nationals
- NZCT Secondary Schools Boys' Cricket Tournament
- National Schools Road Cycling Championships
- National Age Group Futsal Tournament
- National U18 Hockey Tournament
- Rosemary O'Brien Secondary School Girls' Hockey Tournament
- Curtis Cup U13 Boys' Hockey Tournament
- Three various grades netball tournaments
- New Zealand Secondary Schools Girls' Top Four Rugby Tournament
- New Zealand Secondary Schools Boys' Top Four Rugby Tournament
- New Zealand Secondary Schools Co-Ed Top Four Rugby Tournament
- New Zealand Secondary Schools Squash Nationals
- New Zealand Secondary Schools Volleyball Nationals



# SPORTS EVENT PARTNERSHIP FUND

Event	Sports Event Partnership fund \$
Archery – New Zealand Indoor Nationals	2,500
Athletics – Masters North Island Championships	2000
Badminton – NZ Junior Teams Championships	15,000
Badminton – State of Origin & Manawatū U15, U17 & Snr	1,000
Basketball – New Zealand Secondary Schools Nationals	23,000
Canoe Polo – NZ and Oceania Championships	3,000
Cricket – NZCT Secondary Schools Boys Tournament	2,000
Cycling – Gravel and Tar Event	12,000
Cycling – Nationals Schools Road Championships	10,000
Football – Ethkick 2017	3,000
Futsal – National & Trans-Tasman Tournaments	14,000
Gymsports Manawatū Open	1,783
Hockey – Three National Tournaments	8,000
Netball – New Zealand Pulse vs Magic	5,500
Netball Tournaments (Three various grades)	5,500
New Zealand Indian Sports Association Tournament	3,500
Phillippines Sport Tournament	2000
Rugby – New Zealand Secondary Schools Boys and Co-ed	9,285
Rugby – New Zealand Secondary Schools Girls Top Four	3,186
Squash – New Zealand Secondary Schools Nationals	5,000
Volleyball – New Zealand Secondary Schools Nationals	30,000
<b>Showcase Events:</b>	
Rugby League – Warriors Game	5,000
Squash – PSA Tournament	6,000
Netball – Silver Ferns vs Jamaica	5,000
Golf – New Zealand PGA Event	20,000
<b>Total</b>	<b>\$197,254</b>

# KIWISPORT FUND

Lead Agency/Provider	Project Name	\$ Approved
<b>Small Project Fund</b>		
Aokautere School	Kick Starting School Sports	1,276
Ashhurst School	Safe Cricket Run Ups	1,148
Awahou School	Awahou Hoop Club	357
Awatapu College	Basketball Initiative	1,000
Badminton Manawatū	Coaching Development - Badminton NZ Coaching Conference	300
Central Football	Futsal Goals for Growth	3,000
Dannevirke Basketball Association	KSB Kids Academy	1,634
Dannevirke High School	Increase in Sport Participation	2,806
Dannevirke Tigers Rugby League	Junior Rugby League Competition	3,000
Feilding Lawn Tennis Club	Junior Tennis Programme	1,500
Foxton Golf Club	Junior Participation Programme	1,026
Halcombe School	Cricket Pitch	3,000
Horowhenua Events Centre Trust	Volleyball Court Markings for Pasifika Groups	3,000
Horowhenua Kapiti Cricket Association	Horowhenua Female Cricket Programme	3,000
Horowhenua Softball Association	Horowhenua Junior Softball Programme	1,500
Levin Hustle	Equipment	3,000
Levin Swimming Club	SPLASH	2,996
Manawatū Handball Federation	Palmerston North Secondary School Handball Tournament	1,832
Manawatū Rugby Union	School Girls 7's Development	1,262
Manchester Street School	Ki O Rahi	920
Manawatū Triathlon	Tri Junior & Tri Youth	3,000
Palmerston North Ultimate Disc	Palmerston North Secondary School Ultimate Frisbee	404
Palmerston North Surf Life Saving Club	Sports Coach	2,348
Palmerston North Girls High School	Junior Netball Development Programme	2,249
St Peter's College Triathlon	Group	840
<b>Secondary Schools</b>		
Dannevirke High School	Travel Assistance	10,000
Feilding High School	Travel Assistance	8,000
Horowhenua College	Travel Assistance	5,000
Longburn Adventist College	Participation Project	8,000
Longburn Adventist College	Travel Assistance	1,800
Manawatū College	Travel and Participation Project	10,000
Palmerston North Girls High School	Volunteer Development	5,000
Tararua College	Travel Assistance	6,300
Tararua College	Participation Project	7,000
Waiopahu College	Travel Assistance	10,000
<b>Large Project Fund</b>		
Badminton Manawatū	Girls in Badminton	8,921
Basketball Manawatū	Kiwi Hoops Player, Coach, and Referee Initiative	35,000
Central Football	Futsal in Schools	10,973
Cricket Manawatū	Country Schools Kiwi Cricket	10,000
Dannevirke High School	Increase in Sports Participation	8,167
Hockey Manawatū	Small Sticks Hockey Programme	11,226
Northern Lawn Bowls Club	Secondary School Bowls Participation	4,108
Manawatū Triathlon Club	Junior & Tri Youth Programme	12,500
Horowhenua Kapiti Cricket Association	Superstar Cricket Programme	12,061
Horowhenua College	Coach and Manager Developer	5,482
Table Tennis Manawatū	Primary School Table Tennis and Coaching Development	7,026
Manukura School	Girls Rugby Development & Rugby League Project	7,070
<b>Total</b>		<b>250,032</b>

**REPORT OF THE INDEPENDENT AUDITOR  
ON THE SUMMARY FINANCIAL STATEMENTS****To the Trustees of the Sport Manawatu Charitable Trust****Opinion**

The summary financial statements, which comprise the statement of financial position as at 30 June 2017, the statement of comprehensive revenue and expenses, statement of changes in net assets and cash flow statement for the year then ended, and related notes, are derived from the audited financial statements of Sport Manawatu Charitable Trust for the year ended 30 June 2017. In our opinion, the accompanying summary financial statements are consistent, in all material respects, with the audited financial statements, in accordance with PBE FRS 43: *Summary Financial Statements* issued by the New Zealand Accounting Standards Board.

**Emphasis of Matter**

We draw your attention to Note 8 in the summary financial statements which states that the Trustees have reviewed the sufficiency of the allowance made for Earthquake Strengthening costs when assessing the current value of the building and the Trustees consider that no impairment is required. Our opinion is not qualified in respect of this matter.

**Summary Financial Statements**

The summary financial statements do not contain all the disclosures required by Public Benefit Entity Standards Reduced Disclosure Regime (PBE Standards RDR). Reading the summary financial statements and the auditor's report thereon, therefore, is not a substitute for reading the audited financial statements and the auditor's report thereon.

**The Audited Financial Statements and Our Report Thereon**

We expressed an unmodified audit opinion on the audited financial statements in our report dated 13 September 2017.

**Trustees' Responsibility for the Summary Financial Statements**

Trustees' are responsible on behalf of the entity for the preparation of the summary financial statements in accordance with PBE FRS-43: *Summary Financial Statements*.

**Auditor's Responsibility**

Our responsibility is to express an opinion on whether the summary financial statements are consistent, in all material respects, with the audited financial statements based on our procedures, which were conducted in accordance with International Standard on Auditing (New Zealand) (ISA (NZ)) 810 (Revised), Engagements to Report on Summary Financial Statements.

Other than in our capacity as auditor we have no relationship with, or interests in, Sport Manawatu Charitable Trust.

**Cotton Kelly**PALMERSTON NORTH  
13 September 2017

**Sport Manawatu Charitable Trust**  
**Summary Financial Statements**  
**For the year ended 30 June 2017**

**Statement of Comprehensive Revenue and Expenses**  
**For the year ended 30 June 2017**

	2017	2016
	\$	\$
<b>Revenue</b>		
Revenue from non-exchange transactions	1,937,838	2,053,330
Revenue from exchange transactions	322,086	209,688
<b>Total revenue</b>	<u>2,259,924</u>	<u>2,263,018</u>
<b>Expenses</b>		
Staff costs	1,486,012	1,346,237
Programmes	391,635	524,708
Other expenses	375,066	372,593
<b>Total expenses</b>	<u>2,252,713</u>	<u>2,243,538</u>
<b>Total comprehensive revenue and expenses for the year</b>	<u>7,211</u>	<u>19,480</u>

**Statement of Financial Position**  
**As at 30 June 2017**

	2017	2016
	\$	\$
<b>Current assets</b>		
Cash and cash equivalents	930,842	864,548
Investments	211,087	206,950
Receivables and prepayments from exchange transactions	122,849	45,161
Receivables from non-exchange transactions	155,498	166,287
	<u>1,420,276</u>	<u>1,282,946</u>
<b>Non-current assets</b>		
Property, plant, and equipment	809,418	734,034
	<u>809,418</u>	<u>734,034</u>
<b>Total assets</b>	<u>2,229,694</u>	<u>2,016,980</u>
<b>Current liabilities</b>		
Trade and other creditors	112,807	99,355
Income in advance	36,193	44,093
Funds held on behalf	352,665	261,579
Finance leases	12,271	0
Employee entitlements	104,333	77,933
	<u>618,269</u>	<u>482,960</u>
<b>Non-current liabilities</b>		
Finance leases	70,194	0
	<u>70,194</u>	<u>0</u>
<b>Total liabilities</b>	<u>688,463</u>	<u>482,960</u>
<b>Net assets</b>	<u>1,541,231</u>	<u>1,534,020</u>
<b>Equity</b>		
Accumulated revenue and expenses	1,541,231	1,534,020
<b>Total equity</b>	<u>1,541,231</u>	<u>1,534,020</u>

These financial statements should be read in conjunction with the notes to the summary financial statements and the Audit Report.



**Sport Manawatu Charitable Trust  
Summary Financial Statements  
For the year ended 30 June 2017**

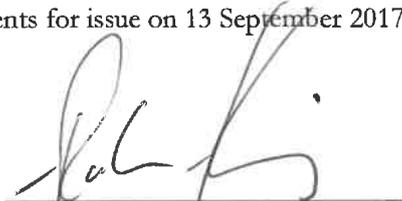
**Statement of Changes in Net Assets  
For the year ended 30 June 2017**

	<b>Accumulated comprehensive revenue and expenses \$</b>	<b>Total equity \$</b>
Opening balance 1 July 2015	1,514,540	1,514,540
Total comprehensive income	<u>19,480</u>	<u>19,480</u>
<b>Closing equity 30 June 2016</b>	<b><u>1,534,020</u></b>	<b><u>1,534,020</u></b>
Opening balance 1 July 2016	1,534,020	1,534,020
Total comprehensive income	<u>7,211</u>	<u>7,211</u>
<b>Closing equity 30 June 2017</b>	<b><u>1,541,231</u></b>	<b><u>1,541,231</u></b>

**Cash Flow Statement  
For the year ended 30 June 2017**

	<b>2017 \$</b>	<b>2016 \$</b>
Net cash flows from operating activities	140,881	148,090
Net cash flows from investing and financing activities	(74,587)	(74,803)
Net increase / (decrease) in cash and cash equivalents	66,294	73,287
Cash and cash equivalents at 1 July	<u>864,548</u>	<u>791,261</u>
<b>Cash and cash equivalents at 30 June</b>	<b><u>930,842</u></b>	<b><u>864,548</u></b>

Signed for and on behalf of the Board of Trustees who authorised these summary financial statements for issue on 13 September 2017:

  
Trustee

  
Trustee

These financial statements should be read in conjunction with the notes to the summary financial statements and the Audit Report.



**Sport Manawatu Charitable Trust**  
**Summary Financial Statements**  
**For the year ended 30 June 2017**

**Notes to the Summary Financial Statements**

1. The reporting entity is Sport Manawatu Charitable Trust (Sport Manawatu). Sport Manawatu is domiciled in New Zealand and is a charitable organisation registered under the Charitable Trusts Act 1957, and the Charities Act 2005.
2. The full financial statements on which this summary is based, have been prepared in accordance with Generally Accepted Accounting Practice in New Zealand (NZ GAAP). They comply with Public Benefit Entity International Public Sector Accounting Standards (PBE IPSAS) and other applicable financial reporting standards as appropriate that have been authorised for use by the External Reporting Board for Not-For-Profit entities. For the purposes of complying with NZ GAAP, Sport Manawatu is a public benefit not-for-profit entity and is eligible to apply Tier 2 Not-For-Profit PBE IPSAS on the basis that it does not have public accountability and it is not defined as large.
3. The Board of Trustees has elected to report in accordance with Tier 2 Not-For-Profit PBE Accounting Standards and in doing so has taken advantage of all applicable Reduced Disclosure Regime (RDR) disclosure concessions.
4. The summary financial statements have been extracted from the full financial statements and are presented in New Zealand dollars. The summary financial statements of Sport Manawatu including: Statement of Comprehensive Revenue and Expense; Statement of Financial Position; Statement of Changes in Net Assets; and Cash Flow Statement cannot provide a full understanding due to their summary nature. The understanding can be obtained only by reference to the full financial statements of Sport Manawatu.
5. A copy of the full financial statements may be obtained on request from Sport Manawatu, 50 Queen Street, Palmerston North or from [sportmanawatu.org.nz/about/reports](http://sportmanawatu.org.nz/about/reports).
6. A list of related party transactions is included in the full financial statements.
7. At balance date Sport Manawatu had major operating commitments of \$115,696 (2016: \$331,312).
8. In adopting PBE IPSAS 17 Sport Manawatu have taken the option to move from the revaluation method to deemed cost method effective from 1 July 2015. The value of the Sports House building at deemed cost was based on a registered valuation that was completed on 30 June 2014. The valuation at that time took into account a provision to allow for seismic strengthening to bring the building up to minimum building compliance. Sport Manawatu has reviewed the sufficiency of the allowance made and considers no further impairment is required at balance date.

**Sport Manawatu Charitable Trust**  
**Summary Financial Statements**  
**For the year ended 30 June 2017**

9. There are no contingent assets or liabilities at the reporting date.
10. The full annual financial statements of Sport Manawatu have been audited by Cotton Kelly who have issued an unmodified audit report in respect to the financial statements on 13 September 2017. Cotton Kelly have audited these summary financial statements and found them to be consistent with the full financial statements.
11. These summary financial statements are in compliance with PBE FRS-43: Summary Financial Statements.
12. These summary financial statements have been approved and were authorised for issue by the Board of Trustees on 13 September 2017.



# KEY PARTNERS



# SUPPORTERS





[WWW.SPORTMANAWATU.ORG.NZ](http://WWW.SPORTMANAWATU.ORG.NZ)

**CONTACT US**



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